



# ADULT EDUCATION CLASSES



## **CHOOSE FROM OVER 150 ADULT CLASSES**

*Culinary Arts, Welding, Marine Trades, Automotive, Construction, Information Technology, Allied Health, Medical, Health & Fitness, Over 20 General Interests Classes and More...*



## **10 MONTH ACCELERATED PROGRAMS OFFERED IN 7 CAREER FIELDS**

*Precision Machine Technology, Automotive Technology, Practical Nursing, New Home Construction, Culinary Arts, Certified Medical Assistant & Cosmetology*



## **APPRENTICE PROGRAMS**

*Available in 5 High-Demand Trade Areas*

**BROWSE  
COURSES  
NOW**



**732.473.3100 EXT 1000**

**REGISTER ONLINE EARLY | OCVTS.ORG**



# OCVTS

OCEAN COUNTY  
VOCATIONAL TECHNICAL SCHOOL

**WWW.OCVTS.ORG**

Registration for all classes, seminars and demo dinners is on a first-come, first-served basis.

**THE BEST WAY TO REGISTER IS ONLINE! REGISTRATION STARTS ON DECEMBER 16TH, 2024**

**Visit at [ocvts.digitalsignup.com](http://ocvts.digitalsignup.com) to register**

Spring classes begin January 27, 2025, unless otherwise noted.  
Enrollment is limited, so register early!  
Online registration will be extended for classes that start later in the semester.

VISIT [OCVTS.ORG/LOCATIONS](http://OCVTS.ORG/LOCATIONS) FOR BUILDING ADDRESSES

## OCVTS ADULT EDUCATION CALENDAR OF EVENTS

JANUARY				
M	T	W	TH	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

1/1-1/4 - Winter Break (Year-Long Classes)  
1/6 - AMPD, Yoga, Pound and Zumba start  
1/27 - Spring Classes Start

FEBRUARY				
M	T	W	TH	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

2/6 - District Open House  
2/14-2/17 - President's Day's

MARCH				
M	T	W	TH	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

APRIL				
M	T	W	TH	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		

No Culinary  
4/18-4/25 - Spring Break

MAY				
M	T	W	TH	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

5/26 - Memorial Day

Indicates Evening School Closed

# REGISTRATION INFORMATION

## ADMISSION REQUIREMENTS

Adult vocational education classes are open to all persons eighteen years of age or older, who can profit from training, are capable of performing the course work, meet prerequisite requirements and can pay the applicable fees. Students applying for state licensing programs, which have a completion of high school requirement, must provide a copy of a high school diploma or high school equivalency diploma at registration.

## TUITION & FEES

All courses are tuition-based. Each course has the required fee listed with the course description in the catalog. Fees include tuition, a **non-refundable \$15 registration fee** and, where noted, textbooks and supplies. All fees must be paid in full at time of registration.

## REFUND POLICY

Prior to and after the first scheduled class meeting, you may request a tuition refund in accordance with Board of Education Policy. A full refund will be issued **before the first class**. Students must notify the Adult Education Office at 732.473.3100 x 1000 to initiate the refund process before the second class. A \$15 registration fee will be deducted from refunds after the first class. **Check refunds will take 6-8 weeks to process.** We are not responsible for snow days; however, classes will be rescheduled. Check refunds will take 6-8 weeks to process. We are not responsible for snow days; however, classes will be rescheduled.

## COURSE CANCELLATION

Courses may be canceled by OCVTS or merged if enrollment does not permit economical operation. Registered students, who cannot be accommodated, may elect to transfer to another course, receive credit for a future course or receive a full refund (including the \$15 registration fee).

## TEXTBOOKS

When a textbook is required for a class, students must purchase them on their own. Information can be located on our website [www.ocvts.org](http://www.ocvts.org). Students must have the textbook for the first night of class.

## SUPPLIES/PERSONAL SAFETY EQUIPMENT

Supplies used for personal projects are the responsibility of the student. Items such as auto body paint, lumber, motor oil and sandpaper are

examples of personal supplies. All items used, as required training exercises, are supplied by the school. Personal safety equipment such as safety glasses and goggles must be used and are not included in the tuition fee. No one will be allowed to participate in the training instruction without required safety items.

## AWARDING CERTIFICATES

Students must attend a minimum of 85% of all school class hours and earn a 70 or higher on a summative assessment, in order to receive the recommendation of the Adult Education Principal to be eligible for a Certificate of Completion. **(LICENSING, CERTIFICATION AND APPRENTICE PROGRAMS MAY REQUIRE HIGHER ATTENDANCE RATES. SEE INDIVIDUAL PROGRAM REQUIREMENTS. ALL FEES MUST BE PAID OR CERTIFICATES WILL NOT BE ISSUED.)**

## CLASS SIZE AND SCHEDULES

Shops and classes are designed so that each student has access to the tools and equipment necessary to acquire the skills taught in the course. All classes and shops are planned with a student-teacher ratio which provides an optimum learning situation. (A minimum of 5 students is required to begin a course). The school reserves the right to cancel any course with insufficient enrollment. Every attempt will be made to maintain the class schedule as printed. In order to accommodate the greatest number of students possible, some changes in campus locations or days may be necessary.

## CLASS MEETING DATES, TIMES & LOCATION

**Classes begin January 27, 2025**, unless otherwise noted. Refer to individual course listing for class meeting dates and times. Students will receive notification by email upon enrollment. Classes may be extended due to inclement weather. No refunds for inclement weather.

## PARKING

All students are to park in the designated lots. Parking in fire lanes, along driveways or behind shops is strictly prohibited. Please lock your car. OCVTS is not responsible for theft or damage to your vehicle on school property.

## CONDUCT ON CAMPUS/BOARD POLICIES

Students may be dismissed without refund of fees when their behavior or actions violate Board of Education Policy for students that follow NJ State Law Title 18A:37-2 "Cause for Suspension or Expulsion of Pupils."

These policies include, but are not limited to, actions such as disruptive behavior, vehicle parking violations, visitors, alcohol or drugs, smoking, vandalism, disregard of safety rules, plus any action covered by civil or criminal law. According to State and Municipal laws, OCVTS is a **NON-SMOKING CAMPUS**.

(The utilization of technology that disrupts the learning environment is prohibited)The Board of Education believes pupils and/or school staff members should not be subject to having a video or audio recording or still images taken of any pupil(s) or school staff member(s) for any purpose (except for public area school security cameras) without the consent of the pupil, the pupil's parent or guardian, and/or the school staff member.

## EMERGENCY SCHOOL CLOSING

Inclement weather or emergency closings will be announced on our website at [ocvts.org](http://ocvts.org) and social media @ocvts via **Facebook, Twitter and Instagram**. It will also be announced on radio station WOBN (92.7), The Point (94.3), The Hawk (105.7), Cat Country (96.7) and News 12 New Jersey after 3:00PM.

**IF DAY SCHOOL IS, EVENING SCHOOL IS.**

The Adult emergency closing number is: **732.473.3100 x 3199**. Please do not call before 3:00PM to inquire about closings.

To Our Prospective Students,

The Ocean County Vocational Technical School Adult Division strives to meet the needs and interests of all residents of Ocean County. We continue to evaluate current trends and develop course offerings based on today's ever-changing community and work requirements. Whether students are searching for a new career, upskilling on a present career or just looking for a new hobby, OCVTS can provide a plethora of high quality programs.

As you browse through the brochure, you will note several new course offerings. These offerings are designed to meet the many requests of the Ocean County Community. Don't wait to register as many of our course offerings fill quickly! The Adult Education Division staff is always available to assist you with questions or concerns. Learning is a life-long process and OCVTS wants to assist you in your journey.

Karen L. Homiek, OCVTS Superintendent



## OCEAN COUNTY VOCATIONAL TECHNICAL SCHOOL

### Board of County Commissioners

Commissioner Barbara Jo Crea .....	Director
Commissioner Gary Quinn .....	Deputy Director
Commissioner Virginia E. Haines .....	Member/OCVTS Liaison
Commissioner John P. Kelly .....	Member
Commissioner Frank Sadeghi .....	Member

### Board of Education

Stephen Scaturro .....	President
Maureen C. Stankowitz .....	Vice President
Michael Donahue .....	Member
Susan R. Naples .....	Interim Executive County Superintendent/Member
Ronald L. Rosetto .....	Member

### OCVTS Central Administration

Karen L. Homiek .....	Superintendent
Dr. Michael B. Maschi .....	Assistant Superintendent
Stephen J. Brennan, CPA .....	Business Administrator

### OCVTS Administration

John Biscardi .....	Principal, Jackson
Alison Carroll .....	Principal, MATES
Kevin Dineen .....	Principal, Student Services
Jeremy Dusza .....	Principal, Adult Education
Gary MacDonald .....	Director, Curriculum/Grants
Christopher Mazur .....	Vice Principal, Toms River
Thomas McInerney .....	Principal, Waretown/ALPS
Tierney Meeker .....	Principal, GPAA
Melanie Patterson .....	Principal, Student/Special Services
Christine Santasieri .....	Principal, Toms River/ LPN
Lynn Sauer .....	Principal, Brick
Tiffany Seeley .....	Vice Principal, Brick
Dr. Kyle Seiverd .....	Vice Principal, GPAA
Dr. Michael Tash .....	Principal, Technology
Dr. John Wnek .....	Supervisor, MATES

The mission of Ocean County Vocational Technical School is to provide an intensive and immersive educational experience aligned with the current and emerging demands of business, industry and advanced education. We instill the knowledge, skills and competencies required for students to experience success in entering the workforce, advancing along a career pathway and achieving career aspirations.

It is the policy of the Board of Education of Ocean County Vocational Technical School not to discriminate in its technical programs, vocational opportunities, activities, employment practices or admission policies and practices on the basis of race, color, creed, religion, sex, ancestry, national origin, affectional and sexual orientation, disability, social or economic status. Lack of English language skills will not be a deterrent to admission to any program at Ocean County Vocational Technical School.

Inquiries regarding affirmative action, discrimination (including Federal Title IX requirements), sexual harassment or equity should be directed to:

- Dr. Michael B. Maschi, Title IX/Affirmative Action Office, 732.240.6414 x 3332
- Melanie Patterson, Federal Section 504 Officer, 732.473.3100 x 3123
- Melanie Patterson, Americans with Disabilities Officer, 732.473.3100 x 3123
- Melanie Patterson, District Equity Coordinator, 732.473.3100 x 3123

We are an Equal Opportunity Employer and Educator who fully and actively supports equal access for all people regardless of race, color, religion, gender, age, national origin, veteran status, disability, genetic information or testing, family and medical leave, sexual orientation and gender identification and expression. We prohibit retaliation against individuals who bring forth any complaint, orally or in writing, to the employer or the government, or against any individuals who assist or practice in the investigation of any complaint, or otherwise oppose discrimination.

# COURSE LISTINGS

<b>OCVTS Adult Education Calendar</b> .....	<b>2</b>
<b>Registration Information</b> .....	<b>2-3</b>
<b>Emergency School Closing Information</b> .....	<b>3</b>
<b>Welcome Letter from The Superintendent</b> .....	<b>4</b>
<b>OCVTS Center Locations</b> .....	<b>6</b>
<b>Apprentice Program Information</b> .....	<b>7-8</b>

## ALLIED HEALTH

Dental Radiology .....	9
Phlebotomy .....	9

## CONSTRUCTION TRADES

Basic Home Systems: Carpentry.....	10
Basic Home Systems II: Finish Carpentry .....	10
Basic Home Systems: Electric.....	10
Basic Home Systems: HVAC.....	10
Basic Home Systems: Plumbing .....	11
Basic Welding I.....	11
Basic Welding II.....	11
Black Seal ~ Low Pressure Steam .....	12
Black Seal ~ High Pressure Steam .....	12
Woodworking ~ Beginner/Novice .....	12
Woodworking ~ Intermediate/Experienced.....	12

## CULINARY SEMINARS

20 Minute Pizza Dough For Sausage Bread, Garlic Bread And Pizza .....	13
BBQ Essentials.....	13
Charcuterie Boards, Cheese Boards.....	13
Eggplant Not Just For Parm .....	13
Flourless "Cracked Earth" Cake And Tuscan Zucchini Cookies .....	13
Grandma's Sunday Dinner .....	14
Gnudi (Pasta) .....	14
Homemade Mexican Dinner .....	14
Homemade Mozzarella Night .....	14
Italian With A Twist .....	14
Knife Skills Basics And Care .....	14
Leftovers & Quick Pantry Meals .....	15
Pasta Night .....	15
Regional Italian - Campagna & Basilicata .....	15
Regional Italian - Po Basin, Romagno-Veneto .....	15
Retro Chic Cut Up Cakes - Spring Theme .....	15
Sauce Night.....	15

## MURDER MYSTERY

Games Sphere .....	16
High Tide Homicide .....	16
Horror Homicide .....	16
Murder Family Style.....	16
Top 'O The morning - A Wilde Irish Wake .....	16
Win, Lose Or Die .....	16

## GENERAL INTEREST

Art: Abstract, Mixed Media & Collage, For Artists Who Can't Draw .....	17
Astrology 1.....	17
Astrology 2.....	17
Astrology 3.....	17
Creative Writing .....	17
ESL (English As A Second Language) .....	17
Financial Strategies For Successful Retirement.....	18
Italian 1: Introduction To Italian Language And Culture .....	18
Crochet "The Simple Way" .....	18
Crochet Workshop "The Simple Way" .....	18
Meditation And Creative Visualization .....	19
Tarot 101: From Cards To Clarity.....	19
The Philosophy Of The Karmic Journey: The Natal Chart And Reincarnation.....	19
Turning Yours Side Hustle Into A Full-Time Career: Making Your Passion Work For You .....	19

## HEALTH AND FITNESS CERTIFICATION COURSES

CPR - Basic Life Saver - .....	20
Personal Fitness Trainer - Basic.....	20

## HEALTH ENRICHMENT

Acupressure And Qigong: Self-Care For Pulmonary Health .....	21
Acupressure For Self-Care: Back Release.....	21
AMPD Fusion .....	21
Animal Communication From The Spirit World .....	21
Aura Gazing.....	22
Ballroom Beginner.....	22
Ballroom 2 .....	22
Ballet For Balance .....	22
Beginner Bachata, Merengue.....	22
Beginner Salsa .....	22
Beginner Tap Fit .....	22
Chakra Tai Chi .....	28
Channeled Messages & Sound Bath.....	28
Choir Of Angels Workshop .....	28
Deepak Chopra's Primordial Sound Meditation Certification .....	28
Emotional Self Defense .....	29
Essential Oils: A Way To Balance Your Life And Take Away Toxins .....	29
Introduction To Acupressure: SEVA Acupressure For Stress Release .....	29
Jazz Funk .....	29
Life Wellness/Holistic Health Consultant .....	29
Line Dancing For Beginners .....	30
Line Dancing For Intermediates .....	30
Manifesting The Life You Want .....	30
Pilates (Mat) For Beginners.....	30
Pilates Contemporary .....	31
Pound ® The ROCKOUT Workout .....	31
Power vinyasa flow .....	31
Reiki Level I .....	32
Spiritual Mediumship Intensive Beginner .....	32
Spiritual Mediumship Intensive Intermediate .....	32
Spiritual Mediumship Intensive Advanced .....	32
Sports Nutrition .....	33
T'ai Chi Chih® ~ Joy Through Movement - Beginner .....	33
T'ai Chi Chih® ~ Joy Through Movement - Intermediate .....	33
Tap Fit II .....	33
Tarot Archetypes-Which One Are You? The Ancient Art Of Laying Of The Stones - Crystals For Body Alignment .....	34
Understanding Stuttering & Disfluency.....	34
Vinyasa Flow For Beginners To Intermediate .....	34
Weight Management And Wellness .....	34
Yoga .....	34
Yoga For Active Adults.....	35
Yoga Vinyasa Flow For Flexibility .....	35
Zumba .....	35
Zumba Gold.....	35

## INFORMATION TECHNOLOGY

Computer-Aided Drafting Level 2 .....	36
Ham Radio Technology And Technician License Class.....	36
Introduction To Personal Computers .....	36
Launch Your Podcast: From Idea To Airwaves .....	36

## PERFORMANCE ARTS

Drum Fundamentals .....	37
Guitar - Beginner .....	37
Guitar - Intermediate.....	37
Guitar - Advanced .....	37
Piano ~ Basic .....	37
Piano ~ Intermediate .....	38
Piano - Advanced Intermediate .....	38
Piano - Advanced .....	38
Vocal Basic.....	38

## TRANSPORTATION TECHNOLOGY

Automotive And Ornamental Metal Fabrication & Welding.....	39
Automotive Body Repair I.....	39
Automotive Body Repair II.....	39
Automotive Mechanics .....	39
Automotive Restoration .....	39
CDL Class A - Tractor Trailer .....	40
CDL B W/Passenger Endorsement .....	40
Off Road Vehicle.....	41
Outboard Engine Maintenance .....	41
Small Gas Engines Lawn And Maintenance Equipment And Basic Welding .....	41
Us Certified Coast Guard Captain.....	41

<b>Registration Information.....</b>	<b>47</b>
--------------------------------------	-----------

# **OCVTS ADULT EDUCATION FALL 2025 COURSE OFFERINGS FULL-YEAR PROGRAMS**

**Apprentice Programs (See Page 7)**

**Heavy Equipment Operator**

**A+ CompTIA**

**Dental Assisting**

**Diesel Technician**

**Audio for Electronic Media**

**Automotive Technician I**

**Intro To Water/Wastewater Operation**

**CISCO CCNA**

**Great Career Training is Within Your Reach!**

## **U.S. VETERANS**

**AND THEIR IMMEDIATE FAMILY MEMBERS CAN QUALIFY  
FOR VETERANS BENEFITS THROUGH [WWW.VA.GOV](http://WWW.VA.GOV)**

*Call the OCVTS VA Certifying Official for more information*

**732.473.3100 x 3139**

## **OCVTS CENTERS**

**OCVTS Brick Center (B) - 732.286.5670  
350 Chambers Bridge Road, Brick, NJ 08723**

**OCVTS Jackson Center (J) -  
732.286.5665 850 Toms River Road,  
Jackson, NJ 08527**

**OCVTS Toms River Center (TR) - 732.473.3100 1299 Old Freehold  
Road, Toms River, NJ 08753**

**OCVTS Waretown Center (W) - 732.286.5660  
423 Wells Mills Road, Waretown, NJ 08758**

**OCVTS Ocean County Center for Culinary Arts (ATL) - 609.296.2137  
Cuisine on the Green at Atlantis  
261 Country Club Boulevard, Little Egg Harbor, NJ 08087**

**OCVTS Grunin Performing Arts Academy (GPAA) - 732.286.5678  
1 College Drive, Toms River, NJ 08754, Parking Lot #2, Building #12  
Adjacent to the Jay & Linda Grunin  
Center for the Arts**

# OCEAN COUNTY VOCATIONAL TECHNICAL SCHOOL APPRENTICE PROGRAMS

An apprentice program is coordinated between labor, industry and education to prepare individuals for a specific-skilled trade, craft or occupation.

**RETURNING APPRENTICES ONLINE  
REGISTRATION BEGINS JULY 1ST, 2025**

## THE FOLLOWING APPRENTICESHIP COURSES WILL BE OFFERED IN THE FALL OF 2025

Electricity I	HVAC-R I	Plumbing I
Electricity II	HVAC-R II	Plumbing II
Electricity III	HVAC-R III	Plumbing III
Electricity IV	HVAC-R IV	Plumbing IV
Heavy-Equipment Operator Program I & II		Maintenance Mechanic

**ADDITIONAL APPRENTICE OPPORTUNITIES AVAILABLE  
FIRST-YEAR APPRENTICE AND NEW APPRENTICE**

**APPLICATIONS WILL BE ACCEPTED  
online at <https://www.ocvts.org/admissions> OR  
In-Person from August 5 to August 19, 2025**

Seats will be filled by random selection of all applications received by August 19th, 2025.

The following are required for the application process:

- 1) Current proof of employment in the trade area (pay stub or letter on company letterhead)
- 2) Tuition payment for the year (VISA/MasterCard, check or money order)

Evening hours available upon request (after 4:00pm)

**ALL APPRENTICE REGISTRATION  
ENDS SEPTEMBER 2, 2025  
CALL 732.473.3159**



### QUICK REFERENCE CONTACT GUIDE

Adult Education Main Number .....	732.473.3100
Adult Admissions .....	x 3132, x 3157
Adult Evening Programs/Apprenticeship .....	x 1000, x 3133
Financial Aid .....	x 3139
High School Admissions .....	x 3122
Employment & Industry Development Services.....	x 3175, x 3177
Practical Nursing Admissions.....	x 3145

# APPRENTICE REGISTRATION INFO

## RETURNING APPRENTICES

Online registration begins August 5, 2025

## FIRST YEAR APPRENTICES

All first-year apprentices must register in-person at the Tom's River location (1299 Old Freehold Road) and have proof of employment by a licensed contractor (paystub or letter from employer)

# OCVTS APPRENTICESHIP PROGRAM

*A program coordinated between labor, industry and education to prepare individuals for a specific-skilled trade craft or occupation.*

The following courses will be offered:

**Electrician**

**HVAC-R**

**Plumber**

**Maintenance Mechanic**

**Heavy Equipment Operator Program**

**NO ONLINE REGISTRATION WILL BE PERMITTED FOR YEAR ONE APPRENTICE STUDENTS.**

Enrollment in an apprentice class does not automatically grant a student-registered apprentice status through the US Department of Labor. Your employer must register you with the US Department of Labor at no cost.

### What is an Apprenticeship Program?

An apprenticeship program is a voluntary arrangement between a **licensed** employer (sponsor) and employee (apprentice). As a part of this agreement, the employer agrees to provide the apprentice with on-the-job training (work processes) and the apprentice agrees to attend a related- instruction class for a specified time frame. Ocean County Vocational Technical School will provide the related and technical training through Adult Education coursework. The apprentice, as well as his/her employer, will be registered with the United States Department of Labor when an agreement is signed.

### How do you become a registered apprentice?

To become a registered apprentice, you must be working in the field of your choice with an employer willing to sponsor you. It is important to have a sincere desire to learn a trade. Contact our New Jersey Apprentice Network Coordinator as soon as you decide to become a registered apprentice.

### What else should the apprentice know?

1. Apprenticeships vary from one to four years in length.
2. 2000 hours per year of on-the-job training validated by the sponsor are required for each year of the apprenticeship.
3. 144 hours per year in the related instruction program are required.
4. These programs are designed to provide individuals working in the trade with related instruction necessary to advance in their jobs and licensing.

### Why complete an apprenticeship?

Upon completion of an apprenticeship, participants will receive a completion certificate from the US Department of Labor. Employers honor this certificate nationwide.

### Apprentice Regulations

1. Please note that the programs are scheduled from one to four years of classes. All classes meet two nights a week for both the fall and spring semesters. Each student, whether a registered apprentice or non-registered apprentice, is responsible to meet all of the same requirements of the course including, but not limited to, class work and attendance.

2. To receive a certificate at the end of the school year, all students are required to attend a minimum of 144 hours of the scheduled classes (RTI) for the entire year.

3. Working overtime will not be viewed as an excused absence.

### The New Jersey Apprentice Network Coordinator

The Adult Education Division currently provides a New Jersey Apprentice Network Coordinator, who is available to register persons who have their employer's support as apprentices. Please call 732.473.3159 Monday through Friday from 9:00AM-4:00PM to talk directly with the Apprentice Coordinator. The US Department of Labor identifies over 800 occupations as apprenticeable. Employers who wish to start apprentice programs for their employees can also receive assistance in developing an apprenticeship training program.

### Apprenticeship Prerequisites

The New Jersey Apprentice Network Coordinator will evaluate all new applicants' trade and educational experience to determine if advanced standing in the program will be given. Successful completion of a 144-hour course and a passing grade allows the apprentice to continue in the program. In New Jersey, union and open shops are eligible for apprentice training.

**First-year and new apprentice applications will be accepted in person beginning August 5, 2025 online or at the OCVTS Toms River Center only.**

**Proof of employment and tuition fee are required.**



# ALLIED HEALTH

**DENTAL RADIOLOGY** – Complete and submit the “Dental Radiology Application” listed online under “Documents” after registering. Successful completion of this course, which is accredited by the New Jersey Radiological Technology Board of Examiners, qualifies students to take the Dental X-ray examination given by DANB. Included will be: X-ray procedures related to dentistry, safety precautions, exposures, processing, and interpretation. The student must be at least 18 years old, presently working at an approved clinical site, be familiar with dental terminology, and have a high school diploma or high school equivalency diploma (must be presented at the time of registration). Students with diplomas from foreign countries must have them translated and evaluated prior to registration. Prerequisite: Student must have completed a Dental Assisting program or been a chairside assistant for at least one year. Students must attend the required 45 hours of class time, followed by required clinical practice, complete all Board-required exposures at an approved facility, and complete/pass all NJ Radiological Technology Board of Examiners required lab objectives. **Taught by Andrea Pollara.**

<b>Course:</b> 3300-S25A	<b>Center:</b> TR		<b>Nights:</b> T
<b>Tuition:</b> \$541	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 45	<b>Start:</b> 1/28/25
<b>Course:</b> 3300-S25B	<b>Center:</b> TR		<b>Nights:</b> W
<b>Tuition:</b> \$541	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 45	<b>Start:</b> 1/29/25

**PHLEBOTOMY** – This course emphasize phlebotomy safety in the lab, handling and insertion of needles, bracing, set up procedures and supplies, safety control procedures, and OSHA/HIPAA medical terminology pertaining to the vascular systems, veins, arteries, and blood flow. Upon completion of the course, students will be prepared to take the national certification examination for Phlebotomy . A uniform is required the first night of class (red top/black bottom scrubs). A hard top solid shoe hospital/lab grade is required and will be demonstrated on first night of class. **Taught by Nicole Porcelli (3098-S25A) or Danette Fernandez (3098-F2BA)**

<b>Course:</b> 3098-S25A	<b>Center:</b> TR		<b>Nights:</b> M,T,W
<b>Tuition:</b> \$525	<b>Time:</b> 6:00-9:00	<b>Hours:</b> 54	<b>Start:</b> 1/27/25
<b>Course:</b> 3098-S25B	<b>Center:</b> TR		<b>Nights:</b> M,T,W
<b>Tuition:</b> \$525	<b>Time:</b> 6:00-9:00	<b>Hours:</b> 54	<b>Start:</b> 1/27/25



## QUICK REFERENCE CONTACT GUIDE

<b>Adult Education Main Number</b> .....	<b>732.473.3100</b>
<b>Adult Admissions</b> .....	<b>x 3132, x 3157</b>
<b>Adult Evening Programs/Apprenticeship</b> .....	<b>x 1000, x 3133</b>
<b>Financial Aid</b> .....	<b>x 3139</b>
<b>High School Admissions</b> .....	<b>x 3122</b>
<b>Employment &amp; Industry Development Services</b> .....	<b>x 3175, x 3177</b>
<b>Practical Nursing Admissions</b> .....	<b>x 3145</b>

# CONSTRUCTION TRADES

**BASIC HOME SYSTEMS: CARPENTRY** – This program teaches theory and application of techniques used in the building trades. The program will include the following skills: framing, roofing, door and window installation, drywall installation and trim work. Upon successful completion of this 14 night program, students will be qualified for entry-level positions or home improvement projects. **Taught by Tim Smith.**

<b>Course:</b> 5019-S24A	<b>Center:</b> B	<b>Nights:</b> M,W
<b>Tuition:</b> \$289	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 42
		<b>Start:</b> 1/27/25

**BASIC HOME SYSTEMS II: FINISH CARPENTRY** – This program teaches the theory and application of finishing techniques used in the building trades. The program will include skills in drywall, pre-hung door installation, basic trim application on interior/ exterior doors and windows, base molding, slab mortising, vinyl siding, and crown molding installation. Prerequisite: Students should have taken BASIC HOME SYSTEMS I - CARPENTRY or have experience in the field. Upon successful completion of this 14-night program, students will be qualified for entry-level positions or home improvement projects. **Taught by Tim Smith.**

<b>Course:</b> 5014-S24A	<b>Center:</b> B	<b>Nights:</b> M,W
<b>Tuition:</b> \$289	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 42
		<b>Start:</b> 3/17/25

**BASIC HOME SYSTEMS: ELECTRIC** – This course walks students through all aspects of residential electric. We'll cover basic circuitry, all switching, and basic devices. By the end of the course, students will have basic knowledge of how residential service works. Installation and wiring methods will be addressed, as well as code rules of outlets and switch placement in all rooms of a home. We'll also go over how to terminate patch cables for POE cameras and networking with basic hands on training. Upon successful completion of this 14 night program, students will be qualified for an entry level position or to do home improvement projects. Basic hand tools are required - instructor will inform you first night of class. **Taught by William Cloonan.**

<b>Course:</b> 5017-S25A	<b>Center:</b> J	<b>Nights:</b> M,W
<b>Tuition:</b> \$289	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 42
		<b>Start:</b> 1/27/25

<b>Course:</b> 5017-S25B	<b>Center:</b> J	<b>Nights:</b> M,W
<b>Tuition:</b> \$289	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 42
		<b>Start:</b> 3/4/25

**BASIC HOME SYSTEMS: HVAC** – This course is designed as an introduction to the HVAC/R industry. If you are a homeowner or looking to make a career change, this 7-week 14, 14-session course will provide the basic operating principles of today's modern heating and cooling equipment. This course will provide basic hands-on principles and practices used in the HVAC/R industry to service and maintain the equipment safely. At the end of this program, the student will have a better understanding of the industry and may be able to seek employment or further educational opportunities. **Taught by Robert Post.**

<b>Course:</b> 5016-S25A	<b>Center:</b> B	<b>Nights:</b> T,TH
<b>Tuition:</b> \$289	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 42
		<b>Start:</b> 1/28/25

<b>Course:</b> 5016-S25B	<b>Center:</b> B	<b>Nights:</b> T,TH
<b>Tuition:</b> \$289	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 42
		<b>Start:</b> 4/1/25

**BASIC HOME SYSTEMS: PLUMBING** – Students will learn the hands-on skills necessary to assemble, maintain, and repair water, gas, and other piping systems used in homes, businesses, and industry. The course will prepare students for the diverse skill sets necessary to enter a career in residential plumbing fields. Students will learn to prepare cost estimates, read blueprints, follow state and local building codes, and install, inspect, maintain, and troubleshoot piping systems. Upon successful completion of this 14-night program, students will be qualified for entry-level positions or home improvement projects. **Taught by Tim Noeding.**

<b>Course:</b> 5018-S25A	<b>Center:</b> B		<b>Nights:</b> M,W
<b>Tuition:</b> \$289	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 42	<b>Start:</b> 1/27/25
<b>Course:</b> 5018-S25B	<b>Center:</b> B		<b>Nights:</b> M,W
<b>Tuition:</b> \$289	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 42	<b>Start:</b> 3/31/25

**BASIC WELDING I** – This program is for beginners and teaches simple, basic knowledge and skills involved in welding. Students will be encouraged to join the American Welding Society (AWS). This course emphasizes the following: safety regulations and basic, electrical current (as it applies to welding), practice welding in training booths on steel plates, safety and proper use of machines and tools, oxy fuel cutting, plasma arc cutting, amperage and current selection on machines, electrode sizing and numbering, basic weld joint design, shielded, metal-arc welding, and metal identification. All students must provide their own safety equipment (i.e., safety glasses, protective clothing, welding headgear, etc.) This program is for beginners and teaches simple, basic knowledge and skills involved in welding. Students will be encouraged to join the American Welding Society (AWS). This course emphasizes the following: safety regulations and basic, electrical current (as it applies to welding), practice welding in training booths on steel plates, safety and proper use of machines and tools, oxy fuel cutting, plasma arc cutting, amperage and current selection on machines, electrode sizing and numbering, basic weld joint design, shielded, metal-arc welding, and metal identification. All students must provide their own safety equipment (i.e., safety glasses, protective clothing, welding headgear, etc.) **Taught by Jesse Vassallo.**

<b>Course:</b> 8101-S25A	<b>Center:</b> TR		<b>Nights:</b> M,W
<b>Tuition:</b> \$709	<b>Time:</b> 6:00-9:00	<b>Hours:</b> 36	<b>Start:</b> 1/27/25
<b>Course:</b> 8101-S25B	<b>Center:</b> TR		<b>Nights:</b> M,W
<b>Tuition:</b> \$709	<b>Time:</b> 6:00-9:00	<b>Hours:</b> 36	<b>Start:</b> 3/24/25

**BASIC WELDING II** – This course is a continuation of Basic Welding I. All enrolled students must have Basic Welding I as a prerequisite. This course introduces more difficult tasks, such as vertical up and overhead welding, and emphasizes the following: welding on carbon steel, stainless steel plate, aluminum plate, practice welding carbon steel, stainless steel, and aluminum, welding safety practices, good work mannerisms, welding codes and standards, basic weld symbol interpretations, continued shielded metal-arc welding, gas metal-arc welding, and gas tungsten-arc welding. The class also offers the opportunity to take a welding certification practical exam. Prerequisite, Basic Welding I. All students must provide their own safety equipment (i.e., safety glasses, protective clothing, welding headgear, etc.). An additional fee for certification will be charged. **Taught by Jesse Vassallo.**

<b>Course:</b> 8102-S25A	<b>Center:</b> TR		<b>Nights:</b> T,TH
<b>Tuition:</b> \$709	<b>Time:</b> 6:00-9:00	<b>Hours:</b> 36	<b>Start:</b> 1/28/25
<b>Course:</b> 8102-S25B	<b>Center:</b> TR		<b>Nights:</b> T,TH
<b>Tuition:</b> \$709	<b>Time:</b> 6:00-9:00	<b>Hours:</b> 36	<b>Start:</b> 3/25/25

**BLACK SEAL ~ LOW PRESSURE STEAM** – This course prepares qualified people to take and pass the Black Seal Operators Examination under the rules and regulations of the Mechanical Inspection Bureau. Through demonstrations and theory, these topics will be covered: boilers, safety controls, water treatment, fuels, and combustion principles. Tours of industrial sites are included. It is important that the students have at least three months of experience working with a boiler of over 100 HP.

(Application information for low-pressure licensing will be furnished). **Taught by William Caufield.**

<b>Course:</b> 8023-S25A	<b>Center:</b> B		<b>Nights:</b> T
<b>Tuition:</b> \$278	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 36	<b>Start:</b> 1/28/25

**BLACK SEAL ~ HIGH PRESSURE STEAM** – A high-pressure steam license is required for boilers over 100 horsepower and more than 15 PSI of steam or more than 160 water PSI temperature of 250 degrees or more. The class will review auxiliary boiler room equipment and all associated equipment boiler controls and fittings. We will also go over different types of pumps and operations and steam turbine operation, along with water treatment testing and chemicals. We will tour boiler rooms in the area. **Taught by William Caufield**

<b>Course:</b> 8024-S25A	<b>Center:</b> B		<b>Nights:</b> TH
<b>Tuition:</b> \$278	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 36	<b>Start:</b> 1/30/25

**WOODWORKING ~ BEGINNER/NOVICE** – This is a project-based course with an emphasis on safety in all areas of instruction. Students will work on two projects (assigned by the instructor) consisting of wood joinery, gluing, clamping, veneering, and assembly. **Students will be responsible for providing their own safety glasses.** All other materials will be supplied by the instructor. **Taught by Rob Daullary.**

<b>Course:</b> 5052-S25A	<b>Center:</b> J		<b>Nights:</b> M
<b>Tuition:</b> \$357	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 36	<b>Start:</b> 1/27/25

**WOODWORKING ~ INTERMEDIATE/EXPERIENCED** – This is a project-based course with an emphasis on safety in all areas of instruction. Students will work on their own individual projects consisting of more complex and advanced woodworking tasks. Prerequisite: Students must have taken the Monday Beginner/Novice class. Students will be responsible for purchasing their own materials. **Taught by Rob Daullary.**

<b>Course:</b> 5053-S25A	<b>Center:</b> J		<b>Nights:</b> W
<b>Tuition:</b> \$289	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 36	<b>Start:</b> 1/29/25

## GIFT CERTIFICATES AVAILABLE FOR FAMILY AND FRIENDS

FOR MORE INFORMATION  
PLEASE CONTACT 732.473.3159

CONNECT WITH US #OCVTEA @OCVTS

# CULINARY SEMINARS

*Culinary seminars are hands-on lessons demonstrating a variety of dishes. Water bottles, hair-ties and aprons are recommended. Take-out containers and stools are available upon request.*

**20 MINUTE PIZZA DOUGH FOR SAUSAGE BREAD, GARLIC BREAD AND PIZZA** – Learn this simple dough recipe and be prepared for the delicious possibilities. We will turn the dough into a delicious and easy sausage bread, a homemade fresh pizza, and rustic garlic bread. These recipes of simple and few ingredients will surely become a favorite for get-togethers, holidays, and any day when you want some fresh baked goodness from your oven. Join us for an evening of good food and fun. **Taught by Joann Gallo.**

<b>Course:</b> 6241-S25A	<b>Center:</b> B	<b>Nights:</b> M
<b>Tuition:</b> \$53	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 3
<b>Start:</b> 2/3/25		
<b>Course:</b> 6241-S25B	<b>Center:</b> B	<b>Nights:</b> M
<b>Tuition:</b> \$53	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 3
<b>Start:</b> 3/3/25		
<b>Course:</b> 6241-C	<b>Center:</b> B	<b>Nights:</b> M
<b>Tuition:</b> \$53	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 3
<b>Start:</b> 4/7/25		
<b>Course:</b> 6241-D	<b>Center:</b> B	<b>Nights:</b> M
<b>Tuition:</b> \$53	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 3
<b>Start:</b> 4/7/25		

**BBQ ESSENTIALS** – Learn how the pitmasters from around the USA do it, from marinades and rubs, to sauces and mops. We will cover all of them! Learn how to turn a simple grill or stove top into a smoker to get that right amount of smoky flavor into your dishes! Learn the best cuts of meat to use for all kinds of different applications and make your next backyard BBQ look like it was catered by a real Pit Master! **Taught by Chef Bryan Jones.**

<b>Course:</b> 6783-S25A	<b>Center:</b> B	<b>Nights:</b> TH
<b>Tuition:</b> \$53	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 3
<b>Start:</b> 4/3/25		

**CHARCUTERIE BOARDS, CHEESE BOARDS** – Let me show you how to make a professional-looking charcuterie board like you see in magazines and online! I will teach you how to cut and arrange meats and cheeses, and then how to pair the right foods together. You will also learn what kind of accompaniments go with the board and even what cocktail to serve with it. **DEMONSTRATION ONLY! Taught by Chef Bryan Jones.**

<b>Course:</b> 6780-S25A	<b>Center:</b> B	<b>Nights:</b> TH
<b>Tuition:</b> \$53	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 3
<b>Start:</b> 4/10/25		

**EGGPLANT “NOT JUST FOR PARM”** – Love eggplant? We'll make 3 different dishes. First, an eggplant based tomato sauce with Burrata cheese (perfect for non-meat eaters!) Next, an eggplant & rib gravy, both served over pasta for old world and next level pasta dishes. Lastly, we'll make “eggplant balls.” A quick alternative to traditional meatballs. **Taught by Chef JoAnn Gallo.**

<b>Course:</b> 6150-S25A	<b>Center:</b> B	<b>Nights:</b> M
<b>Tuition:</b> \$53	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 3
<b>Start:</b> 4/14/25		

**FLOURLESS “CRACKED EARTH” CAKE AND TUSCAN ZUCCARINI COOKIES** – Learn to make these two unique, easy, and delicious treats. First, a super-rich chocolate cake made with a few simple ingredients and no flour. We will top it with freshly-made whipped cream and berries. Next, a “Zuccarini” (little sugar) cookie that is a recipe straight from a Tuscan farmhouse kitchen and made with white wine. Both recipes will have people asking you to make these again and again! Join us for a sweet night of fun and learning my grandma's ricotta cake, simple and delicious. **Taught by Chef JoAnn Gallo.**

<b>Course:</b> 6240-S25A	<b>Center:</b> B	<b>Nights:</b> M
<b>Tuition:</b> \$53	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 3
<b>Start:</b> 3/24/25		

**GRANDMA'S SUNDAY DINNER** – Featuring Sicilian “stuffed” meatballs and traditional Rice Balls. A pot of “gravy” doesn’t take all day to make! Join us and start some new family traditions. **Taught by Chef JoAnn Gallo.**

<b>Course:</b> 6151-S25A	<b>Center:</b> B	<b>Nights:</b> M
<b>Tuition:</b> \$53	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 3
		<b>Start:</b> 2/24/25

**GNUDI (PASTA)** – GNUDI is a light and fluffy handmade pasta similar to GNOCCI but with a ricotta base instead of potato, which makes it much lighter, we will make four sauces to top our pasta! **Taught by Chef JoAnn Galloy.**

<b>Course:</b> 6119-S25A	<b>Center:</b> B	<b>Nights:</b> M
<b>Tuition:</b> \$53	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 3
		<b>Start:</b> 2/10/25

<b>Course:</b> 6119-S25B	<b>Center:</b> B	<b>Nights:</b> M
<b>Tuition:</b> \$53	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 3
		<b>Start:</b> 3/31/25

**HOMEMADE MEXICAN DINNER** – Ready for Cinco de Mayo? Learn to make chimichangas enchiladas and Mexican style rice have your own fiesta at home! **Taught by Chef JoAnn Gallo.**

<b>Course:</b> 6118-S24A	<b>Center:</b> B	<b>Nights:</b> M
<b>Tuition:</b> \$53	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 3
		<b>Start:</b> 4/28/25

**HOMEMADE MOZZARELLA NIGHT** – We will make fresh mozzarella from scratch in this class! Who doesn't love a nice piece of fresh mozzarella? I will show you just how easy it is, and you can wow your family and friends by having this at your next dinner or party! A nice fresh caprese salad with Jersey Tomato and fresh basil is perfect in the summer. I will also show you how to make homemade ricotta cheese to go along with your amazing fresh-made mozzarella! **Taught by Chef Bryan Jones.**

<b>Course:</b> 6778-S25A	<b>Center:</b> B	<b>Nights:</b> TH
<b>Tuition:</b> \$53	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 3
		<b>Start:</b> 1/30/25

<b>Course:</b> 6778-S25B	<b>Center:</b> B	<b>Nights:</b> TH
<b>Tuition:</b> \$53	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 3
		<b>Start:</b> 2/6/25

<b>Course:</b> 6778-S25C	<b>Center:</b> B	<b>Nights:</b> TH
<b>Tuition:</b> \$53	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 3
		<b>Start:</b> 2/27/25

**ITALIAN WITH A TWIST** – Looking for unique Italian dishes? Learn to make Veal Rossini, Southern Italian fried chicken, mussels nicolina, rollatini primavera. **Taught by Chef Umberto Torelli.**

<b>Course:</b> 6113-S25A	<b>Center:</b> B	<b>Nights:</b> W
<b>Tuition:</b> \$53	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 3
		<b>Start:</b> 2/12/25

**KNIFE SKILLS BASICS AND CARE** – Learn the basics of knife care and how to use them. Basic cuts will be covered, as well as how to sharpen your knives and keep them sharp. Please bring your own knives with you so you can practice with what you will be using! **Taught by Chef Bryan Jones.**

<b>Course:</b> 6821-S25A	<b>Center:</b> B	<b>Nights:</b> TH
<b>Tuition:</b> \$53	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 3
		<b>Start:</b> 3/6/25

<b>Course:</b> 6821-S25B	<b>Center:</b> B	<b>Nights:</b> T
<b>Tuition:</b> \$53	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 3
		<b>Start:</b> 3/20/25

**LEFTOVERS & QUICK PANTRY MEALS** – No time to go food shopping? Use what you have in the pantry to make Frittata Di Spaghetti : left-over spaghetti pie, rotisserie chicken salad, zuppa inglese “no-bake truffle”, pot-sticker stir fry. **Taught by Chef Umberto Torelli.**

**Course:** 6114-S25A      **Center:** B      **Nights:** W  
**Tuition:** \$53      **Time:** 6:30-9:30      **Hours:** 3      **Start:** 2/26/25

**PASTA NIGHT** – Show your family that you can make pasta just like your Italian grandma! We will make pasta from scratch and transform it into the perfect meal. We will make angel hair, linguini, and ravioli in this class using everyday, basic ingredients. All you have to do is top it with your favorite sauce, and you can bring Italy to your own kitchen! **Taught by Chef Bryan Jones.**

**Course:** 6774-S25A      **Center:** B      **Nights:** TH  
**Tuition:** \$53      **Time:** 6:30-9:30      **Hours:** 3      **Start:** 2/20/25

**REGIONAL ITALIAN - CAMPAGNA & BASILICATA** – Explore the culinary dishes of Campagna & Ballicata by making MozzarellaCarozza (Campagna), fried mozzarella “crushed” in bread, mozzarella caprese (Campagna), fresh mozzarella tomato basic EVOO, spaghetti vongole (basilicato), spaghetti with clam sauce. **Taught by Chef Umberto Torelli.**

**Course:** 6115-S25A      **Center:** B      **Nights:** W  
**Tuition:** \$53      **Time:** 6:30-9:30      **Hours:** 3      **Start:** 3/05/25

**REGIONAL ITALIAN - PO BASIN, ROMAGNO-VENETO** – Explore the culinary dishes of Po Basin and Romagno-Veneto to make Risi & Bisi - risotto with peas(Veneto), Tagliatelle al Prosciutto (Lombardy)- wide noodles with cream, prosciutto and peas, Panna Cotta (Emila Romagna) - marinated strawberries. **Taught by Chef Umberto Torelli.**

**Course:** 6116-S25A      **Center:** B      **Nights:** W  
**Tuition:** \$53      **Time:** 6:30-9:30      **Hours:** 3      **Start:** 3/12/25

**RETRO CHIC CUT UP CAKES - SPRING THEME** – A cut up cake is an art in the making. Retro Chic Cut Up Cakes brings it to another level. Come join us and be amazed! We will supply you with cakes, icing, and cake trimmings to complete your project. As with every original design, all cake sections are used and fit the template effortlessly. This is a great money-saving workshop for parents on a budget. You will take home your decorated cake, icing recipe, and an additional Retro Chic Cut Up Cake Design with step-by-step instructions. Scan the QR code or call 732-473-1000 to indicate your choice of 3 designs. Registration must be received 2 weeks prior to the start of class. Design Choices: ERIC GATOR, MOSQUITO ALERT, BEE HAPPY, LADYBUG ON LEAVES, ENCHANTED FROG, AND SPACESHIP LUNA. **Taught by Neida L. Cobos, Owner of Retro Chic Cut Up Cakes.**



**Course:** 6141-S25A      **Center:** TR      **Nights:** W  
**Tuition:** \$53      **Time:** 6:30-9:30      **Hours:** 3      **Start:** 3/12/25

**SAUCE NIGHT** – A perfect marinara sauce is a staple in many households. In this class, I will show you how to make marinara from scratch and transform it into a variety of other sauces to make completely different flavor profiles! We will also make a homemade pesto sauce that we will transform into a couple of wonderful dishes. **DEMONSTRATION ONLY Taught by Chef Bryan Jones.**

**Course:** 6775-S25A      **Center:** B      **Nights:** TH  
**Tuition:** \$53      **Time:** 6:30-9:30      **Hours:** 3      **Start:** 2/13/25

# MURDER MYSTERY

Register at <https://order.toasttab.com/online/cuisine-on-the-green>. Please check [www.cuisineonthegreen.com](http://www.cuisineonthegreen.com) or follow us on our Facebook page @ [cuisineonthegreen](https://www.facebook.com/cuisineonthegreen) to learn more about additional events! Are you looking for Cuisine on the Green to host a special event or create a special event for your group? Contact 609-296-2137 for more details. Wine selections and a full service bar are available at an additional cost.

**GAMES SPHERE** – Teams of up to 4 people compete against each other in a fast-paced, interactive series of games, including: “The Price is What?!” “Professor Blowhard,” “Cereal Killer,” and the classic, “Are You Dumber Than a Fifth Grader?” Prizes are awarded along the way, with an ultimate Grand Prize for the overall winners. It’s team-building at its funniest! **Presented by Chefs VanSickle, Bruce.**

<b>Course:</b> 6509-S25A	<b>Center:</b> ATL		<b>Nights:</b> SAT
<b>Tuition:</b> \$68	<b>Time:</b> 5:30-8:30	<b>Hours:</b> 3	<b>Start:</b> 1/25/25

**HIGH TIDE HOMICIDE** – Say “Aloha” to Gilligan, Skipper, Ginger, and the whole crew! Climb aboard the S.S. Mackerel for a 3-hour cruise to hilarity and murder! It’s hi-jinx on the high seas as you embark on a nautical adventure to solve a mystery! **Presented by Chefs Bruce VanSickle and Jason Crispin.**

<b>Course:</b> 6762-S25A	<b>Center:</b> ATL		<b>Nights:</b> SAT
<b>Tuition:</b> \$68	<b>Time:</b> 5:30-8:30	<b>Hours:</b> 3	<b>Start:</b> 6/14/25

**HORROR HOMICIDE** – It’s spooky enough at the annual Halloween Ball for the villagers of Transyltucky. But when murder makes a visit, it’s up to you to help the detective from Horror Homicide find the culprit! It’s a terrifyingly funny evening of macabre, interactive fun that will guarantee to haunt you. **Presented by VanSickle, Bruce.**

<b>Course:</b> 6508-S24A	<b>Center:</b> ATL		<b>Nights:</b> SAT
<b>Tuition:</b> \$68	<b>Time:</b> 5:30-8:30	<b>Hours:</b> 3	<b>Start:</b> 4/12/25

**MURDER FAMILY STYLE** – It’s a family affair when the most powerful players in “da pizza pie business” have a sit-down. But this time, they are bringing the true bosses: their wives! With the real housewives at the meeting for the first time, do you think there could be trouble? Fuhgeddaboutttttit! **Presented by Chefs VanSickle, Bruce**

<b>Course:</b> 6763-S25A	<b>Center:</b> ATL		<b>Nights:</b> SAT
<b>Tuition:</b> \$68	<b>Time:</b> 5:30-8:30	<b>Hours:</b> 3	<b>Start:</b> 2/15/25

**TOP ‘O THE MORNING – A WILDE IRISH WAKE** – Poor old Seamus has passed away and everyone’s gathered at his wake to say goodbye. But soon, mourning turns to murder, and it’ll be your task to discover what happened. Meet the family, meet the friends, and help find the fiend who committed the crime in this comedy murder mystery. **Presented by Chefs VanSickle, Bruce.**

<b>Course:</b> 6511-S25A	<b>Center:</b> ATL		<b>Nights:</b> SAT
<b>Tuition:</b> \$68	<b>Time:</b> 5:30-8:30	<b>Hours:</b> 3	<b>Start:</b> 3/15/25

**WIN, LOSE OR DIE** – Watch what happens when America’s favorite game show rolls into town looking for local contestants, and the category is murder! Everyone is in jeopardy, even the audience! Buzz in with your answer to the \$64,000 question: who is the killer? Join us for this fast-paced, hysterically funny and light-hearted interactive mystery! **Presented by Chefs VanSickle/Crispin.**

<b>Course:</b> 6512-S24A	<b>Center:</b> ATL		<b>Nights:</b> SAT
<b>Tuition:</b> \$68	<b>Time:</b> 5:30-8:30	<b>Hours:</b> 3	<b>Start:</b> 5/17/25



# GENERAL INTEREST

**ART: ABSTRACT, MIXED MEDIA & COLLAGE, FOR ARTISTS WHO CAN'T DRAW** – This class is for artists who can't draw! We will use fabric, paper and acrylic paints to create abstract paintings. Students will begin their first two projects immediately! They must bring the following art supplies to class on the first night: canvases - sizes 16 x 20 and 20 x 24; Mod Podge 8 oz (gloss); assorted paint brushes, including 1 inch flat; 1 new or used fashion magazine; 1 new or used colorful calendar; liquid acrylic paint 2 oz. size in 5 bright colors; acrylic paint in 2.5 oz. tubes in 5 favorite colors, plus white; acrylic paint markers (dual tip) in 5 favorite colors. **TAUGHT BY ANGELA HART**

**Course:** 2312-S25A      **Center:** B      **Nights:** T  
**Tuition:** \$147      **Time:** 6:30-8:30      **Hours:** 20      **Start:** 1/28/25

**ASTROLOGY 1** – Students will learn techniques and methods for analyzing and interpreting the sun, moon, rising sign and planets in our solar system. Each student will also receive a natal or solar chart, which is a picture of the sky at the time and place they were born. By the end of this course, the students should be fluent in analyzing a natal chart and understanding planetary energies. **Taught by Dawn Dittmar.**

**Course:** 3909-S25A      **Center:** B      **Nights:** T  
**Tuition:** \$63      **Time:** 6:30-8:30      **Hours:** 12      **Start:** 1/28/25

**ASTROLOGY 2** – Picking up where Introduction to Astrology left off, each student will refine their chart interpretation by analyzing planetary aspects and configurations and will begin to learn how to forecast events. Introduction to Astrology is a prerequisite. **Taught by Dawn Dittmar.**

**Course:** 3910-S25A      **Center:** B      **Nights:** TH  
**Tuition:** \$63      **Time:** 6:30-8:30      **Hours:** 12      **Start:** 1/30/25

**ASTROLOGY 3** – Continuing where Astrology 2 left off, students will continue learning how to forecast events, including: transits, solar returns, and secondary progressions. There will also be highlights on astrological events in the sky, such as eclipse interpretation, Mercury Retrogrades, and Void of Course moons. Astrology 1 and 2 are prerequisites for this course. **Taught by Dawn Dittmar.**

**Course:** 3911-S25A      **Center:** B      **Nights:** TH  
**Tuition:** \$63      **Time:** 6:30-8:30      **Hours:** 12      **Start:** 3/13/25

**CREATIVE WRITING** – In this class, you will learn to craft classic characters, set up scintillating settings, and construct conflicts that contort reality and boggle the mind. All genres of fiction and non-fiction writing will be covered. Students can work on and develop ideas for novels, short stories, etc. Students will be expected to submit their work for a combination of peer review and one-on-one evaluation. **Students are urged to bring a writing pad. Taught by Danielle Boska. (MA in Education)**

**Course:** 5326-S25A      **Center:** GPAA      **Nights:** W  
**Tuition:** \$184      **Time:** 6:00-9:00      **Hours:** 24      **Start:** 2/1/25

**ESL (ENGLISH AS A SECOND LANGUAGE)** – Participants will have the opportunity to learn or improve their English language skills. They will be exposed to vocabulary and common phrases that will help them to improve their speaking skills, job opportunities and social life. **Taught by Luisa Byron.**

**Course:** 5611-S25A      **Center:** GPAA      **Nights:** W  
**Tuition:** \$207      **Time:** 5:30-8:30      **Hours:** 30      **Start:** 1/29/25

**FINANCIAL STRATEGIES FOR SUCCESSFUL RETIREMENT-** You can control the outcome of your financial future. Hear what you may need to know about investments, long-term care, Social Security and Medicare, estate planning, lifestyle issues, and pension options. This informational, three-week seminar will focus on money-management strategies and lifestyle issues facing current retirees and those aged 55 and older nearing retirement. Your registration fee includes an in-depth workbook and retirement planning data form that will help individuals develop a written inventory of assets, income, Social Security, and pension benefits. Will you be ready for retirement? Spouses may attend free of charge. **Seating is limited - please register early. Taught by Theodore J. Durante, CFP.**

<b>Course:</b> 5127-S25A	<b>Center:</b> GPAA	<b>Nights:</b> W
<b>Tuition:</b> \$105	<b>Time:</b> 6:00-9:00	<b>Hours:</b> 9
		<b>Start:</b> 3/5/25

**ITALIAN 1: INTRODUCTION TO ITALIAN LANGUAGE AND CULTURE –** This course will provide the fundamentals of the Italian language while exploring today's Italian lifestyle, customs, and trends. It will be an exciting learning opportunity, whether you are planning a trip to Italy, want to learn basic language structures, or are just curious about Italian life. Active participation is highly encouraged! **Taught by Giovanna Cristiano.**

<b>Course:</b> 5340-S25A	<b>Center:</b> GPAA	<b>Nights:</b> T
<b>Tuition:</b> \$75	<b>Time:</b> 6:30-8:30	<b>Hours:</b> 12
		<b>Start:</b> 2/4/25

**CROCHET "THE SIMPLE WAY" –** This course will teach you to crochet with simple techniques that are comfortable for your hands. You will also learn four basic stitches, increasing and decreasing, and how to keep your edges straight. This course is also very informative for those who already crochet. All classes include new and improved techniques on crocheting the basics, "The Simple Way," and a Q and A session. The class will also include how to crochet with different yarns. A simple project of your choice, or a scarf, will be completed in this course. Learning will qualify for Craft Yarn Council Certification and employment opportunities. Needed for the class: Light color #4 worsted weight yarn and an H and I crochet hook. Prerequisite to The Crochet Workshop. **Taught by Diana Toni.**

<b>Course:</b> 5054-S25A	<b>Center:</b> GPAA	<b>Nights:</b> T
<b>Tuition:</b> \$245	<b>Time:</b> 6:00-9:00	<b>Hours:</b> 36
		<b>Start:</b> 1/28/25

**CROCHET WORKSHOP "THE SIMPLE WAY" –** So many projects - so little time! This course is not only for project making, because you will also learn new techniques, time saver shortcuts in crocheting, and how to save time on crocheting that darn foundation chain. We will also cover how three different shapes can create beautiful shawls, shrugs, afghans, handbags, etc., and learn Buddy stitches and extended stitches in order to close the space between stitches and the turning chain space and so much more! Q and A session in all classes. If you are working on a project, bring it in for a show-and-tell session because we can always learn from our fellow crocheters. The class will also introduce ways to crochet using different textured yarns. Expect surprises along the way! Bring your favorite yarns and hooks, and let's have some fun together! Learning will qualify for Craft Yarn Council Certification and employment opportunities. Must have taken Learn to Crochet "The Simple Way" or have instructor approval. **Taught by Diana Toni.**

<b>Course:</b> 5054-S25A	<b>Center:</b> GPAA	<b>Nights:</b> TH
<b>Tuition:</b> \$245	<b>Time:</b> 6:00-9:00	<b>Hours:</b> 36
		<b>Start:</b> 1/30/25

**MEDITATION AND CREATIVE VISUALIZATION –** “As Within, So Without.” Our outer world is a reflection of what is going on inside of us. Through simple breathing techniques, guided meditations and visualizations, we can learn about the chakras in our body and ascertain the messages they are trying to tell us. Through this experience we can calm down even the most active mind. No meditation experience required. **Taught by Dawn Dittmar.**

**Course:** 3732-S25A      **Center:** B      **Nights:** T  
**Tuition:** \$58      **Time:** 6:30-8:30      **Hours:** 4      **Start:** 4/1/25

**TAROT 101: FROM CARDS TO CLARITY –** Unlock the mysteries of Tarot in this engaging 6-week beginner’s workshop. All you need is a deck and a journal! Explore the Major and Minor Arcana, card spreads, intuitive readings, and traditional symbolism from the Rider-Waite-Smith deck (though any deck you resonate with is welcome). Through hands-on practice, group readings, and journaling, you will build confidence in interpreting Tarot and strengthening your intuition. With a Masters in Education, **Gina Romano, Founder of Love & Alignment**, brings a dynamic, approachable style to Tarot, making even complex concepts easy to grasp.

**Course:** 3728-S25A      **Center:** GPAA      **Nights:** TH  
**Tuition:** \$264      **Time:** 6:00-9:00      **Hours:** 18      **Start:** 3/6/25

**THE PHILOSOPHY OF THE KARMIC JOURNEY: THE NATAL CHART AND REINCARNATION –**

Evolutionary astrology postulates that we are eternal spiritual beings who die and are reborn. Students will explore the interconnected concepts of Reincarnation, the Law of Karmic Return and Astrology, including ways in which our past-life patterns and their effects in this present life can be identified. Although a background in Astrology is gently suggested, it is NOT a prerequisite for this course. **Taught by Dawn Dittmar.**

**Course:** 3995-S25A      **Center:** B      **Nights:** T  
**Tuition:** \$63      **Time:** 6:30-8:30      **Hours:** 4      **Start:** 5/6/25

**TURNING YOUR SIDE HUSTLE INTO A FULL-TIME CAREER: MAKING YOUR PASSION WORK FOR YOU –**

Whether you are looking to scale your current side hustle or make a complete career pivot, this course will give you the tools, mindset, and clarity you may need to take the next steps. From understanding your why to building more confidence in taking the first steps, to assessing financial viability, this class will give you the resources to help build a strong business plan and foundation. We’ll cover branding and positioning, how to open the door to experts and mentors, how to leverage social media, and more. If you have been considering working towards leaving your current role to do something that is calling to you, or bringing your side hustle to the next level, attend this session to gain further insight and start working towards making your passion work for you.

**Taught by Jodi Grinwald CPC, ELI-MP.**

**Course:** 3997-S25A      **Center:** B      **Nights:** M  
**Tuition:** \$40      **Time:** 6:30-8:30      **Hours:** 4      **Start:** 2/3/25

**STAY CONNECTED TO OCVTS  
NEWS, UPDATES, AND  
EMERGENCY CLOSINGS  
WWW.OCVTS.ORG**



# HEALTH AND FITNESS CERTIFICATION

**CPR - BASIC LIFE SAVER** – The Basic Life Saver course features group interaction, hands-on coaching, and feedback from an American Heart Association instructor. This course is for anyone with limited or no medical training who needs a course completion card in CPR and the AED used to meet job, regulatory, or other requirements. Students will learn the correct procedures to save adults, children, or infants in medical emergencies. Participants will also learn how to save adults, children, or infants from choking. Course completion will include a BLS CPR Certification valid for two years. **Taught by Eve Adams.**

<b>Course:</b> 3745-S25A	<b>Center:</b> TR	<b>Nights:</b> W
<b>Tuition:</b> \$75	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 3
<b>Start:</b> 1/22/25		
<b>Course:</b> 3745-S25B	<b>Center:</b> TR	<b>Nights:</b> W
<b>Tuition:</b> \$75	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 3
<b>Start:</b> 3/5/25		
<b>Course:</b> 3745-S25C	<b>Center:</b> TR	<b>Nights:</b> W
<b>Tuition:</b> \$75	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 3
<b>Start:</b> 5/28/25		

**PERSONAL FITNESS TRAINER - BASIC** This 10-week course, held at the Health and Fitness facility at our Toms River Center, will be of great value for individuals interested in a career as a personal trainer and/or group fitness instructor, anyone interested in increasing their individual knowledge of health/fitness. Athletes will also benefit from the class. The instruction will include: basics in human anatomy and exercise physiology, kinesiology, exercise program design, sport-specific exercises, cardiorespiratory training, muscular strength, endurance training, flexibility training, physiological and functional assessment skills, and nutrition basics. Students will practice developing programs for various special populations in fitness, including common musculoskeletal injuries, cardiorespiratory disorders, respiratory disorders, diabetes, perinatal exercise and more. Hands-on activities in our spacious exercise room and with our state-of-the-art fitness equipment will be incorporated as well. **Upon successful completion of the course, students will qualify to take the certification exam(s) as a Personal Fitness Trainer and/or Group Fitness Instructor. Additional fees for each exam are approximately \$50. Texts/Study Guides will be discussed on the first night of class. Taught by Helene Crist.**

<b>Course:</b> 3700-S25A	<b>Center:</b> TR	<b>Nights:</b> T,TH
<b>Tuition:</b> \$383	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 60
<b>Start:</b> 1/28/25		

## SUBSTITUTES NEEDED

INQUIRE @ [WWW.OCVTS.ORG](http://WWW.OCVTS.ORG)  
OR 732-240-6414 FOR MORE INFO  
**WE VALUE YOUR SKILLED EXPERIENCE!**

# HEALTH ENRICHMENT

**ACUPRESSURE AND QIGONG: SELF-CARE FOR PULMONARY HEALTH** – Soul Lightening Acupressure and Qigong, traditional Chinese medicine practices, combine acupressure, breathing, meditation, movement, and self-massage to enhance pulmonary health and well-being. Learn how to combine the Soul Lightening Acupressure Chest Release with Qigong movement practices to support and strengthen pulmonary health. **Taught by Regina Rosenthal, PT, MA, RYT-200.**

<b>Course:</b> 3905-S25A	<b>Center:</b> GPAA	<b>Nights:</b> M
<b>Tuition:</b> \$56	<b>Time:</b> 6:00-9:00	<b>Hours:</b> 3
		<b>Start:</b> 4/14/25

**ACUPRESSURE FOR SELF-CARE: BACK RELEASE** – Back pain and stiffness can be reduced by enhancing postural awareness and learning self-care strategies. Participants will learn how to enhance and support spinal alignment, flexibility, mobility, and strength using self-care practices and an Insight Acupressure formula for back care. **Presented by Regina Rosenthal, PT, MA, RYT-200.**

<b>Course:</b> 3857-S25A	<b>Center:</b> GPAA	<b>Nights:</b> M
<b>Tuition:</b> \$56	<b>Time:</b> 6:00-9:00	<b>Hours:</b> 3
		<b>Start:</b> 4/7/25

**AMPD FUSION** – Combining great music with simple resistance band movements creates a total body workout that is safe for all fitness levels. Bands are a simple yet effective training tool. Bands are lightweight, portable, and fun to use. When you add resistance bands to music, your workout gets AMPD up even more. Take the burn to a new level with KETTLEBELL AMPD & AMPD Burn. AMPD Burn is a barre-inspired workout that takes the workout to a whole new level. AMPD FUSION makes for a class that is a low-impact, full body workout that is for all fitness levels. Please bring a yoga mat, a long resistance band, and a loop band. If you have a light weight kettlebell 10 lbs. or less feel free to bring it as well. **Taught by Lisa Pepper, POUND® Tour Crew, POUND® Pro, Generation POUND®, AMPD Ambassador, AMPD Resistance, AMPD Burn, Kettlebell AMPD Instructor, AFAA Group Ex Certified, AAAI-ISMA Group/Aqua Ex Certified.**

<b>Course:</b> 5097-S25A	<b>Center:</b> TR	<b>Nights:</b> M
<b>Tuition:</b> \$68	<b>Time:</b> 5:00-6:00	<b>Hours:</b> 12
		<b>Start:</b> 1/6/25

<b>Course:</b> 5097-S25B	<b>Center:</b> TR	<b>Nights:</b> M
<b>Tuition:</b> \$68	<b>Time:</b> 6:00-7:00	<b>Hours:</b> 12
		<b>Start:</b> 1/6/25

<b>Course:</b> 5097-S25C	<b>Center:</b> TR	<b>Nights:</b> T
<b>Tuition:</b> \$68	<b>Time:</b> 3:00-4:00	<b>Hours:</b> 12
		<b>Start:</b> 1/7/25

<b>Course:</b> 5097-S25D	<b>Center:</b> TR	<b>Nights:</b> M
<b>Tuition:</b> \$34	<b>Time:</b> 5:00-6:00	<b>Hours:</b> 6
		<b>Start:</b> 4/7/25

<b>Course:</b> 5097-S25E	<b>Center:</b> TR	<b>Nights:</b> M
<b>Tuition:</b> \$34	<b>Time:</b> 3:00-4:00	<b>Hours:</b> 6
		<b>Start:</b> 4/7/25

<b>Course:</b> 5097-S25F	<b>Center:</b> TR	<b>Nights:</b> M
<b>Tuition:</b> \$34	<b>Time:</b> 6:00-7:00	<b>Hours:</b> 6
		<b>Start:</b> 4/7/25

**ANIMAL COMMUNICATION FROM THE SPIRIT WORLD** – Do animals in the spirit world, such as pets, have the ability to communicate with us? Our beloved pets are some of our greatest gifts from our Creator, and certainly do spend time with us after they have passed. They have the ability to comfort us in various ways, bringing us peace and love. All animals have a spiritual meaning as well, so visits from other animals, outside of our own pets, can also be very comforting. Come share an evening getting a better understanding of how the spiritual animal realm blends with the physical realm. **Taught by Gloria J. Weichand, founder of The Spirit Education Center and Sanctuary, Spiritual Visionary/Medium, Spiritual Teacher, author, lecturer, and grief counselor.** She is known for her compassion and evidential messages from Spirit on an International level. Gloria was also honored by being asked to be part of a study conducted by Yale University, which included some of the best mediums in the US and UK to date.

<b>Course:</b> 3726-S25A	<b>Center:</b> GPAA	<b>Nights:</b> T,W
<b>Tuition:</b> \$90	<b>Time:</b> 6:00-9:00	<b>Hours:</b> 6
		<b>Start:</b> 3/18/25

**AURA GAZING** – An Aura is an energy field that surrounds a person or object that is made of an array of colors and layers. These layers contain a wealth of information about our spiritual, emotional, physical, and mental well-being. Different colors, shapes, and locations around a physical body have various meanings. Interpretation is the key for understanding and healing. Through various exercises, you will be educated in learning about the auras, which will help you understand just how meaningful and helpful they can be. **Taught by Gloria J. Weichand, founder of The Spirit Education Center and Sanctuary, Spiritual Visionary/Medium, Spiritual Teacher, author, lecturer, and grief counselor.** She is known for her compassion and evidential messages from Spirit on an International level. Gloria was also honored by being asked to be part of a study conducted by Yale University, which included some of the best mediums in the US and UK to date.

**Course:** 3727-S25A      **Center:** GPAA      **Nights:** T,W  
**Tuition:** \$90      **Time:** 6:00-9:00      **Hours:** 6      **Start:** 1/28/25

**BALLROOM BEGINNER** – This class is an introduction to partnered dancing. The focus of this course is to gain the necessary partnering skills and foot patterns commonly used in social ballroom dancing like the Waltz, Foxtrot, Tango, Cha-Cha, Rumba, and Swing. No partner or experience is necessary. **Taught by Missy Piegaro, ISTD-International and Modern Ballroom Dance.**

**Course:** 5151-S25A      **Center:** GPAA      **Nights:** W  
**Tuition:** \$158      **Time:** 5:00-6:00      **Hours:** 12      **Start:** 1/15/25

**Course:** 5151-S25B      **Center:** GPAA      **Nights:** W  
**Tuition:** \$158      **Time:** 8:00-9:00      **Hours:** 12      **Start:** 1/15/25

**BALLROOM 2** – This is a fast-paced, beginner level course that is perfect for those who have taken our newcomer ballroom class or for students looking to review their ballroom basics after a break. We will review the core concepts and add new material to Waltz, Foxtrot, Tango, Cha-Cha, Rumba, and Swing. No partner is necessary; experience is recommended. **Taught by Missy Piegaro, ISTD-International and Modern Ballroom Dance.**

**Course:** 5158-S25A      **Center:** GPAA      **Nights:** W  
**Tuition:** \$158      **Time:** 7:00-8:00      **Hours:** 12      **Start:** 1/15/25

**BALLET FOR BALANCE** – This class provides ballet-based exercises for those with or without previous dance training. This is the perfect class to improve strength, balance, and flexibility. Whether you are a dance enthusiast or just want to try a different type of workout, this class may awaken the inner dancer in you! **Taught by Sondra Attridge, DEA.**

**Course:** 3760-S25A      **Center:** GPAA      **Nights:** TH  
**Tuition:** \$58      **Time:** 7:00-8:00      **Hours:** 10      **Start:** 1/30/25

**BEGINNER BACHATA, MERENGUE** – Salsa and Latin dancing go hand in hand. Merengue is an update and social dance, while the Bachata is slower and incorporates the sleek arm styling of Salsa. **Taught by Missy Piegaro, ISTD-International and Modern Ballroom Dance.**

**Course:** 5171-S25A      **Center:** GPAA      **Nights:** W  
**Tuition:** \$79      **Time:** 6:00-7:00      **Hours:** 6      **Start:** 1/15/25

**BEGINNER SALSA** – Get ready to warm up with these basic fun and flirty salsa steps. You will be sure to impress your sweetheart with these moves! **Taught by Missy Piegaro, ISTD-International and Modern Ballroom Dance.**

**Course:** 5170-S25A      **Center:** GPAA      **Nights:** W  
**Tuition:** \$79      **Time:** 6:00-7:00      **Hours:** 6      **Start:** 2/26/25

**BEGINNER TAP FIT** – Beginner Tap Fit combines tap dancing, cardio, and mind sculpting that benefits both the body and brain. This course is for beginners with little or no tap dancing experience. The class will keep you dancing to tap rhythms for fun and fitness! **Taught by Sondra Attridge, DEA.**

**Course:** 3764-S25A      **Center:** GPAA      **Nights:** TH  
**Tuition:** \$58      **Time:** 6:00-7:00      **Hours:** 10      **Start:** 1/30/25

# ONE YEAR TO A NEW CAREER!

## ACCELERATED CAREER DEVELOPMENT PROGRAMS FOR ADULTS

Ocean County Vocational Technical School offers Accelerated Career Development Programs to provide adult students with flexible options for career advancement, certification or a new career direction. Programs are open to adults, 18 and older, with a high school diploma or high school equivalency diploma.

Classes begin in September and run Monday-Friday

### PROGRAM DESCRIPTIONS ARE LISTED ON PAGES 23 - 27

- **TWILIGHT PRECISION MACHINE TECHNOLOGY**
- **CULINARY ARTS**
- **TWILIGHT COSMETOLOGY**
- **NEW HOME CONSTRUCTION**
- **TWILIGHT AUTOMOTIVE TECHNOLOGY**
- **PRACTICAL NURSING**
- **TWILIGHT CERTIFIED MEDICAL ASSISTANT**

Programs qualify for Financial Aid Assistance:

- ~ Federal Financial Aid - Fill out your FAFSA Now
- ~ Veterans Education Benefits (for Veterans or immediate family members)  
More Information available through [WWW.VA.GOV](http://WWW.VA.GOV)
- ~ NJ-GIVS Scholarships
- ~ Unemployment Retraining Benefits

## TWILIGHT PRECISION MACHINE TECHNOLOGY

10 Months, Mon-Fri, 4:30PM-9:30PM, Jackson Center



The OCVTS Precision Machine Technology Program (PMT) offers accelerated training in modern and relevant career pathways in the manufacturing industry. Areas of study include: Computer Numerical Control (CNC) theory and operations, manual machine operations (mill and lathe), basic welding, automation, prototyping, production planning, CNC milling, CNC lathe, engineering analysis and quality control, theory, programming and operations, and robotics. Students are afforded the opportunity to receive OSHA-10 Safety Certification Training.

The current manufacturing environment provides many career-training opportunities for employees who have experience operating an expansive range of machine tools and systems, who know how to read engineering drawings, set up, operate and program CNC machines and also use precision measuring and inspection instruments. The OCVTS Precision Machine Technology program provides a solid foundation of skills and workplace-ready competencies to successfully enter this in-demand career. Potential SLE/internship opportunities may be available.

*This program qualifies for the NJ-GIVS Scholarship Program for Minorities and Women.*

**Call 732.473.3100 x 3157**  
**to speak with an Admissions Representative**

# CUISINE ON THE GREEN

## The Ocean County Center for Culinary Arts

10 Months, Mon-Fri, 8:00AM-1:00PM, Little Egg Harbor

The Ocean County Center for Culinary Arts, located at Cuisine on the Green at the Atlantis Golf Course, provides students with experience in the preparation, service and management tasks involved in the food service industry. This Culinary Arts training center, located in the newly-renovated restaurant facilities at the Atlantis Golf Course in Little Egg Harbor, offers exciting opportunities as students train for careers in the Culinary Arts. The 10-month curriculum includes classroom instruction, culinary skills training, and working internships, and training program incorporating a foundation of ecology, wellness, and responsibility to the overall reduction of the environmental footprint by the culinary industry. The use of locally sourced foods, responsibly caught seafood, and environmentally conscious practices are essential elements at the Ocean County Center for Culinary Arts. Areas of concentration include: safety, sanitation, food preparation, commercial baking, advanced baking, table skills, and dining-room management. Students will also receive certifications in ServSafe Food Protection Manager, TIPS Alcohol Training, CPR, Nutrition, and Food Cost Management. An articulation agreement with the Restaurant School at Walnut Hill College provides students with an opportunity to earn advanced college credit upon successful completion of this program.



# TWILIGHT COSMETOLOGY

10 Months, Mon-Fri, 2:00PM-7:00PM, Brick Center



The Twilight Cosmetology Program provides the skills and the knowledge necessary to pass the New Jersey State Board of Cosmetology licensing exam. The skills taught relate to the major areas of instruction, including hair services, skin and nail services and business management. Curriculum content will cover: sterilization and sanitation procedures; techniques to cut, shape, set, style, color and highlight hair; permanent wave and chemical relaxation techniques; hair removal – waxing; grooming techniques for male clients; make-up applications and facials; manicures and pedicures; salon reception functions, maintenance of individual employee records; care and styling of wigs; and thermal pressing and curling. In-school clinical experiences provide hands-on training. Good attendance is critical for completion of hourly requirements to sit for licensing exam. A home or on-line educated diploma will not be recognized for licensure.



# NEW HOME CONSTRUCTION

10 Months, Mon-Fri, 8:00AM-1:00PM, Waretown Center



In response to a growing demand for skilled construction workers, the OCVTS New Home Construction program was developed as an accelerated training program for adults. Curriculum includes: extensive safety training, use of hand and power tools, blueprint reading, layout, industry-related mathematics, skills in framing, roofing, sheathing, siding, door and window installation, staircases, drywall installation, insulation, trim work, ceilings and floors. Students will receive the 10-hour OSHA Hazard Recognition Training Program as well as CPR/AED First Aid training. Through ongoing partnerships with outside agencies, such as Habitat for Humanity, students receive real-world, hands-on experience in all phases of construction as they work on-site at a selected home construction site in Ocean County.

*This program qualifies for the NJ-GIVS Scholarship Program for Minorities and Women.*

# TWILIGHT AUTOMOTIVE TECHNOLOGY

10 Months, Mon-Fri, 2:00PM-7:00PM, Waretown Center



The OCVTS Twilight Automotive Technology program introduces students to major concepts and theories of maintenance, service and repairs on modern automobiles. Students are instructed on shop safety and proper usage of tools and equipment. Upon successful completion, students are prepared for entry-level employment in the automotive field and will have acquired the knowledge necessary to take ASE certification tests. This program is evaluated and accredited by NATEF. (National Automobile Technician Educational Foundation). The following subjects are NATEF accredited: Engine Repair, Engine Performance, Electrical/Electronic Systems, Brakes, Steering and Suspension, Heating and Air-Conditioning, Automatic and Manual Transmission, and Drive-Axles. Articulation agreements with Brookdale Community College, Mercer County College, Lincoln Technical Institute and the University of Northwestern Ohio provide students with opportunities to earn advanced college credits upon successful completion of this program.

## NEW JERSEY GIVS THE GOVERNOR'S INDUSTRY VOCATIONS SCHOLARSHIP FOR WOMEN AND MINORITIES

The NJ-GIVS program provides funding for training. It is funded by the State of New Jersey Schools Development Authority and administered in partnership with HESSA.

**Go to [www.njgrants.org](http://www.njgrants.org) for eligibility requirements**

**Call 732.473.3100 x 3139 for More Information**

# PRACTICAL NURSING

**10 Months, Mon-Fri, 8:30AM-2:30PM, Toms River Center**



This program consists of lecture and clinical experiences to educate students to care for acute, sub-acute, chronically ill and convalescent patients. It is regulated by the State Board of Nursing and prepares students for the state licensing examination. Classroom theory and clinical experience are equitable in the number of hours required in the course. Students who successfully complete the program and pass the state licensing examination can find employment in hospitals, nursing homes, industry, clinics, private homes and public and federal health agencies.

Curriculum includes the study of anatomy and physiology, nutrition and diet therapy, pharmacology, medical/surgical nursing, geriatrics, maternity, pediatrics, psychiatric nursing, interpersonal relationship in nursing, maintaining records and independent study. A placement test, criminal background check and drug screening are required for all applicants entering this challenging program.

**CALL THE OCVTS PRACTICAL NURSING INFORMATION  
HOTLINE AT 732.473.3100 x 3145**

# TWILIGHT CERTIFIED MEDICAL ASSISTANT

**10 Months, Mon-Fri, 4:30PM-9:30PM, Toms River Center**



The National Certified Medical Assistant program provides the skills and knowledge necessary to pass the NCMA exam. This program emphasizes physician assisting skills and includes administrative and clinical components. The curriculum covers medical terminology and abbreviations, medical law and ethics, insurance billing and coding, medical history intake, computerized scheduling, in-depth computerized software, infection control, vital signs and electrocardiograms. Laboratory procedures include urinalysis, strep tests, capillary sticks and venipuncture techniques. Students will learn to assist the physician with special procedures.

Students may pursue certification as a National Certified Medical Assistant (NCMA) or continue their studies for radiology technician, licensed practical or registered nurse, health information technologist, billing and coding specialist or other healthcare careers. Students may also pursue certification as a NCMOA (National Certified Medical Office Assistant) through the National Center for Competency Testing (NCCT). Additional coursework and certification opportunities in Phlebotomy and EKG will be provided in the second semester. Technology proficiency is highly recommended.

\*(Additional fees apply)

## Tuition and approximate additional costs for programs on pages 23-26

### **Twilight Precision Machine Technology-Tuition \$7,500.00**

No additional fees

### **Cuisine on the Green-Tuition \$7,500.00**

Uniform-\$75.00 pants, top, shoes

Servsafe test-\$70.00

### **Cosmetology-Tuition \$8,000.00**

Permit-\$5.00, license \$90.00

Testing-\$38.00 theory, \$50.00 practical

Uniforms-\$100.00 includes shoes, top, pants, and name tag

### **New Home Construction-Tuition \$7,500.00**

No additional fees

### **Twilight Automotive Technology-Tuition \$7,500.00**

Uniform-\$150.00 includes top, pants, boots (oil resistant, leather)

### **PRACTICAL NURSING PROGRAM-Tuition in county-\$11,000.00, out of county-\$13,000.00**

Registration Fee-\$50.00, Application Fee-\$25.00

Pre Admission Testing Fee-\$97.00

Criminal Background Check-\$65.00

Drug Screening Fee-\$35.00

Other Approximate Costs-\$2,000.00

Medical exam, immunizations, lab tests, student malpractice insurance, CPR Certification-BLS Healthcare Provider, books, uniforms, stethoscope, blood pressure machine, watch with a second hand, fingerprinting (for state licensing) Immunizations required to participate in Clinical experience: rubella, rubeola, varicella-zoster, mumps, hepatitis B, QuantiFERON-TB, Tetanus (within 10 years), and current flu vaccine.

### **Twilight Certified Medical Assistant-Tuition \$7,500.00**

Books-\$200.00

Uniform-\$100.00

Certification test-\$90.00

ECG/Phlebotomy-\$250.00

Malpractice insurance-\$43.00

## **2 YEAR PROGRAM / 1000 HOURS**

# **PART-TIME COSMETOLOGY**

**Year 1 - Tue/Thu & Alternating Fri 4:30 PM - 9:30 PM. Year 2 - Mon/Wed & Alternating Fri 4:30 PM - 9:30 PM.**

The Cosmetology Program provides instruction in the skills required to take the New Jersey State Board of Cosmetology licensing exam. The skills taught relate to the major areas of instruction including hair, skin and nail services, as well as business management. Curriculum content will cover: sterilization and sanitation procedures; techniques to cut, shape, set, style, color and highlight hair, permanent wave and chemical relaxation techniques, hair removal, waxing, grooming techniques for male clients, makeup application, facials, manicures, pedicures, salon reception functions, maintenance of individual employee records, care and styling of wigs, and thermal pressing and curling. Students also participate in clinical experiences on site, which provide hands on training in Cosmetology services. **Tuition-\$4000/yr.**



Please be aware that in order to sit for the state licensing exam all students must have a valid social security number, valid government issued photo id. (such as driver's license, NJMVC nondriver's id., or passport) and high school diploma: a home educated diploma will not be recognized for licensure. \*Opt-Out Agreement available upon request.



**CALL 732.473.3100 x 3157**  
**to speak with an Admissions Representative**

**CHAKRA TAI CHI** – Chakra Tai Chi, a movement meditation practice, brings more conscious awareness and integration through the whole being and the chakra system. Learn this simple, empowering self-care practice to activate and align energy from the base of the body to the crown. Practicing Chakra Tai Chi cultivates mindful presence and supports deeper understanding and connection with ourselves and others. **Taught by Regina Rosenthal, PT, MA, RYT-200**

<b>Course:</b> 5090-S25A	<b>Center:</b> GPAA	<b>Nights:</b> M
<b>Tuition:</b> \$37	<b>Time:</b> 6:00-8:00	<b>Hours:</b> 2
		<b>Start:</b> 4/28/25

**CHANNELED MESSAGES & SOUND BATH** – Join us for this amazing class where you will learn about the chakras and receive your own individual channeled message from your Spirit guides, loved ones, and/or the Divine. You will also receive personalized journal prompts to help you integrate your message deeper and for additional insight, followed by a profound energetic cleansing and vibrational upgrade administered via sound healing with crystal bowls. Students can bring a journal/notebook and a yoga mat if they would like to lie down for the sound bath. **Taught by Psychospiritual Educator, Gina Romano.**

<b>Course:</b> 3810-S25A	<b>Center:</b> GPAA	<b>Nights:</b> TH
<b>Tuition:</b> \$44	<b>Time:</b> 6:00-9:00	<b>Hours:</b> 3
		<b>Start:</b> 1/30/25

<b>Course:</b> 3810-S25B	<b>Center:</b> GPAA	<b>Nights:</b> T
<b>Tuition:</b> \$44	<b>Time:</b> 6:00-9:00	<b>Hours:</b> 3
		<b>Start:</b> 2/11/25

<b>Course:</b> 3810-S25C	<b>Center:</b> GPAA	<b>Nights:</b> T
<b>Tuition:</b> \$44	<b>Time:</b> 6:00-9:00	<b>Hours:</b> 3
		<b>Start:</b> 5/5/25

**CHOIR OF ANGELS WORKSHOP** – The Choir of Angels are our invisible friends who help us in our daily lives. They protect and guide us in all ways, depending upon their individual responsibilities that are bestowed on them by God. However, few people realize their presence, or even acknowledge them. The Choir of Angels is composed of nine classifications of angels. They are Angels, Archangels, Principalities, Powers, Virtues, Dominions, Thrones, Cherubim, and Seraphim. Please join us as we delve into each Angel in their individual Choir and receive a clearer understanding of their strong presence in our daily lives. Through Guided Visual Meditation, you will learn which Angels are most connected to you and why. **Taught by Gloria J. Weichand, founder of The Spirit Education Center and Sanctuary, Spiritual Visionary/Medium, Spiritual Teacher, Author, Lecturer, and Grief Counselor. She is known for her compassion and evidential messages from Spirit on an International level. Gloria was also honored by being asked to be part of a study conducted by Yale University, which included some of the best mediums in the US and UK to date.**

<b>Course:</b> 3902-S25A	<b>Center:</b> GPAA	<b>Nights:</b> W
<b>Tuition:</b> \$45	<b>Time:</b> 6:00-9:00	<b>Hours:</b> 3
		<b>Start:</b> 2/12/25

**DEEPAK CHOPRA'S PRIMORDIAL SOUND MEDITATION CERTIFICATION** – Learn to meditate using your birth mantra, your primordial sound. Mantra, Meditation is a vibratory Sanskrit word repeated silently. The mantra is used to interrupt your thought patterns. Deepak's method is derived from ancient Vedic traditions. Your thoughts are part of the process. We use your birth info, time, date, and place of birth to choose yours from the Sanskrit Mantra chart based on Vedic astrology. If you have tried to meditate and struggle, this meditation is a game changer! The mantra is a mind vehicle that takes you deeper and deeper until you can actually bump into the source, your true self. Students will receive certification upon completion. **Taught by Donna Keeney, Reiki Master, Crystal Certified, and Chopra Center Certified Primordial Sound Meditation Instructor.**

<b>Course:</b> 3744-S25A	<b>Center:</b> GPAA	<b>Nights:</b> W
<b>Tuition:</b> \$75	<b>Time:</b> 6:00-8:00	<b>Hours:</b> 4
		<b>Start:</b> 3/26/25

**EMOTIONAL SELF DEFENSE** – Have you ever said to yourself why do I keep attracting the same patterns in my life? Is there some kind of a lesson I need to learn from sales people selling me something I never wanted in the first place and can't return? People imposing on me and co-opting me to do things for them I don't want to do? It can be frustrating, yet avoidable. Emotional Self-defense starts with awareness of patterns. This discussion and guided meditation will arm you with the tools you need to become conscious of these unwanted patterns in order to keep out of harm's way emotionally speaking. No meditation experience required. **Taught by Dawn Dittmar**

**Course:** 3731-S25A      **Center:** B      **Nights:** T  
**Tuition:** \$58      **Time:** 6:30-8:30      **Hours:** 4      **Start:** 3/18/25

**ESSENTIAL OILS: A WAY TO BALANCE YOUR LIFE AND TAKE AWAY TOXINS** – Many essential oils have antibacterial, antimicrobial, antiviral, anti-inflammatory, antiseptic and antibiotic properties. In addition to these impressive qualities, they often also transfer very pleasurable, sensory experiences within minutes because of their fragrances and restorative natures, making them impactful on our brain chemistry, emotional well-being, and spiritual wellness. This class will focus on ten to twelve primary oils. Participants will receive a "take home" sample. Please bring water to drink. **Taught by: Danielle Boska.**

**Course:** 3830-S25A      **Center:** GPAA      **Nights:** T  
**Tuition:** \$47      **Time:** 6:00-9:00      **Hours:** 3      **Start:** 3/25/25

**INTRODUCTION TO ACUPRESSURE: SEVA ACUPRESSURE FOR STRESS RELEASE** – The SEVA Stress Release acupressure formula was initially used at Ground Zero in New York City after the events of 9/11/01. SEVA (compassionate service in Sanskrit) is simple to learn, easy to perform, can be completed in 20 minutes, and has been shown to promote relaxation and enhance a sense of well-being. Participants will learn and practice SEVA seated, on themselves, using demonstration, and hands-on practice. **Taught by Regina Rosenthal, PT, MA, RYT-200.**

**Course:** 3854-S25A      **Center:** GPAA      **Nights:** M  
**Tuition:** \$37      **Time:** 6:00-8:00      **Hours:** 2      **Start:** 3/17/25

**JAZZ FUNK** – Combining classic jazz fundamentals with modern movements and songs, this class will focus on getting your body moving to upbeat music while really learning how to feel the rhythm from your head to your toes. With a true focus on having fun and feeling confident, this class provides a space for you to let loose and feel your best. **Taught by Gwen Attridge.**

**Course:** 3766-S25A      **Center:** GPAA      **Nights:** T  
**Tuition:** \$58      **Time:** 7:00-8:00      **Hours:** 10      **Start:** 1/28/25

**LIFE WELLNESS/HOLISTIC HEALTH CONSULTANT** – In this course, you will learn about the six modalities for wellness. This course encompasses both exercise and nutrition, along with the five other areas in your life that may get overlooked. This is a great introductory wellness course that covers topics such as: readiness to change, becoming empowered, and coach/client etiquette. Upon completion of this course, you will have created a holistic toolbox full of self-evaluations, surveys, and quizzes. Additionally, you will have learned how to create a complete personalized wellness program for your clients or for your own personal use. This course will conclude with an optional AAAI-ISMA Life Wellness/Holistic Consultant certification exam I which can help advance the student's fitness career. Additional fee for the exam is \$50. **Taught by Gwen Attridge.**

**Course:** 3715-S25A      **Center:** B      **Nights:** T  
**Tuition:** \$158      **Time:** 6:30-9:30      **Hours:** 18      **Start:** 3/4/25

**LINE DANCING FOR BEGINNERS** – In this course, you will learn about the six modalities for wellness. This course encompasses both exercise and nutrition, along with the five other areas in your life that may get overlooked. This is a great introductory wellness course that covers topics such as: readiness to change, becoming empowered, and coach/client etiquette. Upon completion of this course, you will have created a holistic toolbox full of self-evaluations, surveys, and quizzes. Additionally, you will have learned how to create a complete personalized wellness program for your clients or for your own personal use. This course will conclude with an optional AAAI-ISMA Life Wellness/Holistic Consultant certification exam I which can help advance the student's fitness career. Additional fee for the exam is \$50. **Taught by Christine Balas.**

<b>Course:</b> 5109-S25A	<b>Center:</b> GPAA,		<b>Nights:</b> W
<b>Tuition:</b> \$89	<b>Time:</b> 7:15-8:30	<b>Hours:</b> 9	<b>Start:</b> 1/8/25
<b>Course:</b> 5109-S25B	<b>Center:</b> GPAA,		<b>Nights:</b> TH
<b>Tuition:</b> \$89	<b>Time:</b> 7:15-8:30	<b>Hours:</b> 9	<b>Start:</b> 1/30/25
<b>Course:</b> 5109-S25C	<b>Center:</b> GPAA,		<b>Nights:</b> TH
<b>Tuition:</b> \$89	<b>Time:</b> 7:15-8:30	<b>Hours:</b> 9	<b>Start:</b> 2/26/25

**LINE DANCING FOR INTERMEDIATES** – This class is meant as a continuing education of line dancing. If you have taken the beginner line dance class and are proficient at those dances or have experience and want to take a more challenging dance class, this is the class for you. Dances such as Chill Factor, Cool Whip, Mmm Bop and some newer dances may be taught to various types of music. **REQUIREMENT: PLEASE wear comfortable shoes or boots with soles other than black.** **Taught by Billy Snyder of BTK Entertainment.**

<b>Course:</b> 5098-S25A	<b>Center:</b> GPAA		<b>Nights:</b> W
<b>Tuition:</b> \$63	<b>Time:</b> 6:00-7:00	<b>Hours:</b> 6	<b>Start:</b> 1/8/25
<b>Course:</b> 5098-S25B	<b>Center:</b> GPAA		<b>Nights:</b> W
<b>Tuition:</b> \$63	<b>Time:</b> 6:00-7:00	<b>Hours:</b> 6	<b>Start:</b> 2/26/25

**MANIFESTING THE LIFE YOU WANT** – Step into a world of limitless possibilities with this empowering Manifesting workshop. Designed to unlock your limitless potential and shape your destiny, this transformative journey delves into the art of turning dreams into reality. Led by a manifesting expert, you will learn the principles of the Law of Attraction, setting clear intentions, and mastering visualization techniques. Discover how to align your thoughts, emotions, and actions to attract abundance, love, and success into your life. Through interactive exercises, guided meditations, and personalized coaching, this workshop will equip you with the tools and mindset to manifest your desires. Join us today and embark on a path to manifest the life you have always envisioned. **Taught by Founder of Love & Alignment, Gina Romano M.Ed**

<b>Course:</b> 3912-S25A	<b>Center:</b> GPAA		<b>Nights:</b> M
<b>Tuition:</b> \$44	<b>Time:</b> 6:00-9:00	<b>Hours:</b> 3	<b>Start:</b> 4/29/25

**PILATES (Mat) FOR BEGINNERS** – Mat Pilates for beginners focuses on the fundamental Pilates movement techniques, suitable for beginners. The benefits of Mat Pilates include: strengthening your abdominals, lower back muscles, and pelvic floor to benefit your hips, glutes, shoulders, and upper body. Mat Pilates also has a host of mental health benefits, such as mindfulness, relaxation, and reduced stress as a result of breathwork. Please bring your own mat and a set of light weights. **Taught by Rachel Cannella.**

<b>Course:</b> 3783-S25A	<b>Center:</b> GPAA		<b>Nights:</b> M
<b>Tuition:</b> \$58	<b>Time:</b> 6:30-7:30	<b>Hours:</b> 10	<b>Start:</b> 1/13/25
<b>Course:</b> 3783-S25B	<b>Center:</b> GPAA		<b>Nights:</b> W
<b>Tuition:</b> \$58	<b>Time:</b> 6:30-7:30	<b>Hours:</b> 10	<b>Start:</b> 1/15/25

**PILATES ~ CONTEMPORARY** – Contemporary Pilates integrates various traditional Pilates exercises with other forms of exercises like yoga, fitness training, and physiotherapy. It also includes props such as resistance bands, foam rollers, and balls. Please bring your own mat. **Taught by Rachel Cannella**

<b>Course:</b> 3782-S25A	<b>Center:</b> GPAA		<b>Nights:</b> M
<b>Tuition:</b> \$58	<b>Time:</b> 7:30-8:30	<b>Hours:</b> 10	<b>Start:</b> 1/13/25
<b>Course:</b> 3782-S25B	<b>Center:</b> GPAA		<b>Nights:</b> W
<b>Tuition:</b> \$58	<b>Time:</b> 7:30-8:30	<b>Hours:</b> 10	<b>Start:</b> 1/15/25

**POUND® THE ROCKOUT WORKOUT** – POUND® is the world’s first cardio jam session inspired by the infectious, energizing, and sweat-dripping fun of playing the drums using lightly weighted drumsticks called Ripstix®. POUND® transforms drumming into an incredibly effective way of working out. Instead of listening to music, you become the music in this exhilarating, full-body workout that combines cardio, conditioning, and strength training with pilates-inspired movements. Designed for all fitness levels, POUND® provides the perfect atmosphere for letting loose, getting energized, toning up, and rockin’ out! Ripstix® drumsticks are provided. Wear comfortable clothes, a yoga mat and a water bottle. **Taught by Lisa Pepper, POUND® Tour Crew, Generation/POUND® Pro, AFAA Group Fitness Instructor, AAI-ISMA Group Fitness Instructor, AMPD Burn Instructor, AMPD Resistance Instructor.**

<b>Course:</b> 5111-S25A	<b>Center:</b> TR		<b>Nights:</b> M
<b>Tuition:</b> \$68	<b>Time:</b> 3:00-4:00	<b>Hours:</b> 12	<b>Start:</b> 1/6/25
<b>Course:</b> 5111-S25B	<b>Center:</b> TR		<b>Nights:</b> T
<b>Tuition:</b> \$68	<b>Time:</b> 5:00-6:00	<b>Hours:</b> 12	<b>Start:</b> 1/7/25
<b>Course:</b> 5111-S25C	<b>Center:</b> TR		<b>Nights:</b> W
<b>Tuition:</b> \$68	<b>Time:</b> 5:30-6:30	<b>Hours:</b> 12	<b>Start:</b> 1/8/25
<b>Course:</b> 5111-S25D	<b>Center:</b> TR		<b>Nights:</b> W
<b>Tuition:</b> \$68	<b>Time:</b> 6:30-7:30	<b>Hours:</b> 12	<b>Start:</b> 4/7/25
<b>Course:</b> 5111-S25E	<b>Center:</b> TR		<b>Nights:</b> M
<b>Tuition:</b> \$34	<b>Time:</b> 3:00-4:00	<b>Hours:</b> 6	<b>Start:</b> 1/8/25
<b>Course:</b> 5111-S25F	<b>Center:</b> TR		<b>Nights:</b> M
<b>Tuition:</b> \$34	<b>Time:</b> 5:00-6:00	<b>Hours:</b> 6	<b>Start:</b> 4/9/25
<b>Course:</b> 5111-S25G	<b>Center:</b> TR		<b>Nights:</b> W
<b>Tuition:</b> \$34	<b>Time:</b> 5:30-6:30	<b>Hours:</b> 6	<b>Start:</b> 4/9/25
<b>Course:</b> 5111-S25H	<b>Center:</b> TR		<b>Nights:</b> W
<b>Tuition:</b> \$34	<b>Time:</b> 6:30-7:30	<b>Hours:</b> 6	<b>Start:</b> 4/7/25

**POWER VINYASA FLOW** This is a full-body Vinyasa yoga flow class. The pace is accessible and moderate. We focus on a good balance between strength and flexibility in shapes and movements. You’ll find challenging postures and poses throughout the class. I look forward to seeing you on the mat. Please bring your own yoga mat. **5091-S25A Taught By Rinaldi, Jennifer And 5091-S25B Taught By Francesca, Chirelli.**

<b>Course:</b> 5091-S25A	<b>Center:</b> TR		<b>Nights:</b> T,TH
<b>Tuition:</b> \$68	<b>Time:</b> 5:15-6:15	<b>Hours:</b> 24	<b>Start:</b> 1/7/25
<b>Course:</b> 5091-S25B	<b>Center:</b> W		<b>Nights:</b> M,W
<b>Tuition:</b> \$88	<b>Time:</b> 5:15-6:15	<b>Hours:</b> 16	<b>Start:</b> 3/3/25

**REIKI LEVEL I** – Anyone can learn to do Reiki! This class offers the basic understanding and principles behind Reiki and how energy healing works. You will learn the history of Reiki and the body's energy system. These systems include: auras, meridians, chakras, and how to feel and sense energy. You will receive the traditional Reiki attunement and learn the standard hand positions and why they are beneficial. Students will experience the giving and receiving of Reiki. You will be given a complete manual and be able to do Reiki on yourself, and on your family, friends, and pets. Students will receive a certificate upon completion. Taught by Donna Keeney, Reiki Master, Crystal Certified, and Chopra Center Certified **Primordial Sound Meditation Instructor**.

<b>Course:</b> 3752-S25A	<b>Center:</b> GPAA	<b>Nights:</b> T
<b>Tuition:</b> \$131	<b>Time:</b> 6:00-9:00	<b>Hours:</b> 9
<b>Course:</b> 3752-S25B	<b>Center:</b> GPAA	<b>Nights:</b> T
<b>Tuition:</b> \$131	<b>Time:</b> 6:00-9:00	<b>Hours:</b> 9
		<b>Start:</b> 4/15/25

**SPIRITUAL MEDIUMSHIP INTENSIVE BEGINNER** – This Spiritual Evidential Mediumship class is **geared toward Beginner Mediums/Visionaries**. During this class you will learn the fundamentals of working with the spirit world and how they work with you. You will become clearer on what your own gifts and abilities are and how to use them to serve others. Through education and unique exercises, designed specifically for this class, your understanding and connection to the Spirit World will grow by leaps and bounds! This course is a three class workshop - three hours for each class (9 hours total). **Taught by Gloria J. Weichand, founder of The Spirit Education Center and Sanctuary, Spiritual Visionary/Medium, Spiritual Teacher, author, lecturer, and grief counselor.** She is known for her compassion and evidential messages from Spirit on an International level. Gloria was also honored by being asked to be part of a study conducted by Yale University, which included some of the best mediums in the US and UK to date.

<b>Course:</b> 3725-S25A	<b>Center:</b> GPAA	<b>Nights:</b> T
<b>Tuition:</b> \$45	<b>Time:</b> 6:00-9:00	<b>Hours:</b> 3
		<b>Start:</b> 3/25/25

**SPIRITUAL MEDIUMSHIP INTENSIVE INTERMEDIATE** – This Spiritual Evidential Mediumship class is **geared toward Intermediate Mediums/Visionaries**. During this class you will learn the fundamentals of working with the spirit world and how they work with you. You will become clearer on what your own gifts and abilities are and how to use them to serve others. Through education and unique exercises, designed specifically for this class, your understanding and connection to the Spirit World will grow by leaps and bounds! This course is a three class workshop - three hours for each class (9 hours total). **Taught by Gloria J. Weichand, founder of The Spirit Education Center and Sanctuary, Spiritual Visionary/Medium, Spiritual Teacher, author, lecturer, and grief counselor.** She is known for her compassion and evidential messages from Spirit on an International level. Gloria was also honored by being asked to be part of a study conducted by Yale University, which included some of the best mediums in the US and UK to date. **Taught by Weichand, Gloria.**

<b>Course:</b> 3724-S25A	<b>Center:</b> GPAA	<b>Nights:</b> T
<b>Tuition:</b> \$135	<b>Time:</b> 6:00-9:00	<b>Hours:</b> 9
		<b>Start:</b> 4/8/25

**SPIRITUAL MEDIUMSHIP INTENSIVE ADVANCED** – This Spiritual Evidential Mediumship class is **geared toward Advanced Mediums/Visionaries**. During this class you will learn the fundamentals of working with the spirit world and how they work with you. You will become clearer on what your own gifts and abilities are and how to use them to serve others. Through education and unique exercises, designed specifically for this class, your understanding and connection to the Spirit World will grow by leaps and bounds! This course is a three class workshop - three hours for each class (9 hours total). **Taught by Gloria J. Weichand, founder of The Spirit Education Center and Sanctuary, Spiritual Visionary/Medium, Spiritual Teacher, author, lecturer, and grief counselor.** She is known for her compassion and evidential messages from Spirit on an International level. Gloria was also honored by being asked to be part of a study conducted by Yale University, which included some of the best mediums in the US and UK to date.

<b>Course:</b> 3723-S25A	<b>Center:</b> GPAA	<b>Nights:</b> T
<b>Tuition:</b> \$135	<b>Time:</b> 6:00-9:00	<b>Hours:</b> 9
		<b>Start:</b> 4/30/25



**SPORTS NUTRITION** – Learning proper nutrition can help you get the most out of your workout. This course will cover many aspects of personal nutrition, such as macronutrients and micronutrients, hydration, supplements, meal planning, pre and post-workout nutrition, and the role of nutrition in exercise. This course will conclude with an optional AAAS-ISMAs Sports Nutrition certification exam which can help advance the student’s fitness career. This course may be utilized for AAAS-ISMAs CEC. Additional fee for the exam is \$50. **Taught by Christine Balas.**

<b>Course:</b> 3713-S25A	<b>Center:</b> B	<b>Nights:</b> M
<b>Tuition:</b> \$158	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 18
		<b>Start:</b> 1/27/25

**T’AI CHI CHIH® ~ JOY THROUGH MOVEMENT - BEGINNER** – Experience the gentle “moving meditation” of T’ai Chi Chih®, which consists of nineteen movements and one pose which are easy to learn. This is an evidence-based practice, which can help reduce stress, improve balance and increase focus and attention. Students are encouraged to explore our website: [www.taichichih.org](http://www.taichichih.org) for further information. T’ai Chi Chih® can be both self-soothing while invigorating. Each class concludes with a guided, mindful meditation designed to enhance one’s overall well-being. Participants are encouraged to wear comfortable attire and shoes. Appropriate for beginner and ongoing adult students. **Instructor: Lorraine Marcketta, Artist, Tera-Mai Reiki Master Practioner, Accredited T’ai Chi Chih® Instructor.**

<b>Course:</b> 3815-S24A	<b>Center:</b> GPAA	<b>Nights:</b> T
<b>Tuition:</b> \$50	<b>Time:</b> 6:00-7:30	<b>Hours:</b> 6
		<b>Start:</b> 1/28/25
<b>Course:</b> 3815-S24B	<b>Center:</b> GPAA	<b>Nights:</b> T
<b>Tuition:</b> \$50	<b>Time:</b> 6:00-7:30	<b>Hours:</b> 6
		<b>Start:</b> 3/25/25

**T’AI CHI CHIH® ~ JOY THROUGH MOVEMENT - INTERMEDIATE** – Experience the gentle “moving meditation” of T’ai Chi Chih®, which consists of nineteen movements and one pose which are easy to learn. This is an evidence-based practice, which can help reduce stress, improve balance and increase focus and attention. Students are encouraged to explore our website: [www.taichichih.org](http://www.taichichih.org) for further information. T’ai Chi Chih® can be both self-soothing while invigorating. Each class concludes with a guided, mindful meditation designed to enhance one’s overall well-being. Participants are encouraged to wear comfortable attire and shoes. **Prerequisite T’ai Chi Chih® ~ Joy Through Movement - Beginner or prior experience. Instructor: Lorraine Marcketta, Artist, Tera-Mai Reiki Master Practioner, Accredited T’ai Chi Chih® Instructor.**

<b>Course:</b> 3722-S25A	<b>Center:</b> GPAA	<b>Nights:</b> T
<b>Tuition:</b> \$50	<b>Time:</b> 6:00-7:30	<b>Hours:</b> 6
		<b>Start:</b> 2/25/25
<b>Course:</b> 3722-S25B	<b>Center:</b> GPAA	<b>Nights:</b> T
<b>Tuition:</b> \$50	<b>Time:</b> 6:00-7:30	<b>Hours:</b> 6
		<b>Start:</b> 3/25/25

**TAP FIT II** – More experienced tappers may want to try Tap Fit II, which combines tap dancing, cardio, and mind sculpting that benefits both body and brain. This class is a continuation of Beginner Tap Fit. Challenge your tap dancing abilities for fun and fitness! **Taught by Sondra Attridge, DEA.**

<b>Course:</b> 3765-S25A	<b>Center:</b> GPAA	<b>Nights:</b> T
<b>Tuition:</b> \$58	<b>Time:</b> 6:00-7:00	<b>Hours:</b> 10
		<b>Start:</b> 1/28/25

**TAROT ARCHETYPES–WHICH ONE ARE YOU?** – Embark on a mystical journey in this “Tarot Archetypes” workshop, a transformative exploration of self-discovery and divination. Unlock the ancient esoteric wisdom of the Tarot to uncover your birth archetype, revealing your inherent strengths and challenges. We will delve deeper into the cards to intuitively uncover the archetype currently influencing your life. Led by a seasoned Tarot expert, you’ll decode the symbolism and energies associated with each archetype, gaining profound insights into your life’s path. Whether you’re a seasoned Tarot enthusiast or a novice, this workshop will empower you to harness the power of archetypes, providing clarity and guidance for the year ahead. Unveil the secrets that shape your destiny and navigate life’s intricate web with confidence. **Taught by Psychospiritual Educator, Gina Romano.**

<b>Course:</b> 3805-S25A	<b>Center:</b> GPAA	<b>Nights:</b> TH
<b>Tuition:</b> \$44	<b>Time:</b> 6:00-9:00	<b>Hours:</b> 3
		<b>Start:</b> 4/17/25

**THE ANCIENT ART OF LAYING OF THE STONES - CRYSTALS FOR BODY ALIGNMENT** – The Ancient Art of Laying of the Stones is taught in two 3-hour lessons. Lesson 1) Students will learn about the 12 chakras, which are essential to one’s existence but are only known in the etheric realm. Lesson 2) Students will explore the ancient art of laying the stones - a technique that has been utilized for eons of time for healing the body physically, emotionally, mentally, and spiritually. **Taught by Donna Keeney, Reiki Master, Crystal Certified, and Chopra Center Certified Primordial Sound Meditation Instructor.**

<b>Course:</b> 3867-S25A	<b>Center:</b> GPAA	<b>Nights:</b> T
<b>Tuition:</b> \$89	<b>Time:</b> 6:00-9:00	<b>Hours:</b> 6
		<b>Start:</b> 4/15/25

**UNDERSTANDING STUTTERING & DISFLUENCY** – This class will cover an overview of stuttering, hypotheses, therapy, fluency, and interventions. Going over anxiety and visualization techniques will assist with fluency interventions and social anxieties. We will go over exercises to assist with social anxiety, panic attacks, and avoidance of situations due to disfluency. Cheryl Caruso is a licensed Speech Language Pathologist who specializes in Fluency and is a controlled stutter. She has spent her life studying and utilizing therapy techniques, as well as provided speeches to professionals via the Stuttering Foundation of America. Cheryl is presently working as a Speech Language Pathologist with her focus on Fluency. **Cheryl Lee Caruso MA,CCC-SLP**

<b>Course:</b> 5089-S24A	<b>Center:</b> GPAA	<b>Nights:</b> W
<b>Tuition:</b> \$185	<b>Time:</b> 6:00-9:00	<b>Hours:</b> 27
		<b>Start:</b> 1/29/25

**VINYASA FLOW FOR BEGINNERS TO INTERMEDIATE** – This is a full-body Vinyasa yoga flow class. The pace is accessible and moderate. We focus on a good balance between strength and flexibility in shapes and movements. You’ll find challenging postures and poses throughout the class. I look forward to seeing you on the mat. Please bring your own yoga mat. 5093-S25A **TAUGHT BY MICHELLE NIKOLIC**

<b>Course:</b> 5093-S25A	<b>Center:</b> TR	<b>Nights:</b> W
<b>Tuition:</b> \$68	<b>Time:</b> 4:15-5:15	<b>Hours:</b> 12
		<b>Start:</b> 1/8/25

**WEIGHT MANAGEMENT AND WELLNESS** – Do you eat protein bars? How do you decide which one is the best for you from the extensive selection at the store? What about food shopping in general? How do you know which item on the shelf is the one that will keep you on track and healthy? Low fat versus light? Organic versus grass-fed? Do you, or would you like to, use an app to log your foods each day? Do you need help calculating the nutritional values for restaurant food or homemade meals and recipes? This course will cover all of the above, plus many other aspects of personal nutrition. You will also learn how nutrition helps with certain illnesses, such as diabetes and heart disease, along with current diet trends. The course will conclude with an optional AAAI-ISMA Weight Management certification exam, which can help advance the student’s fitness career. Additional fee for the exam is \$50. **Taught by Christine Balas.**

<b>Course:</b> 3714-S25A	<b>Center:</b> B	<b>Nights:</b> T
<b>Tuition:</b> \$158	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 18
		<b>Start:</b> 3/12/25

**YOGA** – Come and discover the benefits of yoga! Yoga has wonderful harmonizing and balancing effects on the body, mind, and emotions. Yoga helps you to relax and rejuvenates your mind. This yoga course is designed to help build muscle strength and promote balance and flexibility. The program will focus on asana postures, breathing techniques, and meditation. VERY LIMITED ENROLLMENT. Please bring your own yoga mat. **INSTRUCTOR: JENNIFER RINALDI.**

<b>Course:</b> 3749-S25A	<b>Center:</b> TR	<b>Nights:</b> M,W
<b>Tuition:</b> \$68	<b>Time:</b> 4:00-5:00	<b>Hours:</b> 12
		<b>Start:</b> 1/6/25

<b>Course:</b> 3749-S25B	<b>Center:</b> TR	<b>Nights:</b> M,W
<b>Tuition:</b> \$68	<b>Time:</b> 4:00-5:00	<b>Hours:</b> 12
		<b>Start:</b> 2/24/25

**YOGA FOR ACTIVE ADULTS** – It's never too late to begin a yoga practice! Yoga helps to build strength and stamina, improve focus and balance, and relax your body and mind. This class is perfect for active older adults who are new to yoga, as well as those with some experience. We will practice on the floor; please bring a yoga mat and wear comfortable clothing. Please bring your own yoga mat. **Taught by Michelle Nikolic, RYT 500**

<b>Course:</b> 3790-S25A	<b>Center:</b> TR	<b>Nights:</b> W
<b>Tuition:</b> \$68	<b>Time:</b> 3:00-4:00	<b>Hours:</b> 12
		<b>Start:</b> 1/8/25

**YOGA VINYASA FLOW FOR FLEXIBILITY** – This is a full-body Vinyasa yoga flow-style class. The pace is accessible and moderate and will leave you with the feeling that you can keep up and will not be left behind. We focus on a good balance between strength and flexibility in shapes and movements. When the class is over, you will feel satisfied with your workout and have a sense of fulfillment as you end in Savasana! You'll find challenging postures and poses throughout the class. Please bring your own yoga mat. **3847-S25A Taught by Francesca Chirello, E-RYT 3847-S25B taught by Jennifer Rinaldi**

<b>Course:</b> 3847-S25A	<b>Center:</b> W	<b>Nights:</b> M,W
<b>Tuition:</b> \$131	<b>Time:</b> 4:00-5:00	<b>Hours:</b> 24
		<b>Start:</b> 3/3/25
<b>Course:</b> 3847-S25B	<b>Center:</b> TR	<b>Nights:</b> T,TH
<b>Tuition:</b> \$131	<b>Time:</b> 4:00-5:00	<b>Hours:</b> 24
		<b>Start:</b> 1/7/25

**ZUMBA** – Zumba is a dance and fitness program that consists of low and high-intensity movements. The class will begin at a basic level and progress weekly. No experience is necessary! Various genres of music will be incorporated. Please wear sneakers and bring water. **Contact the instructor, Gabrielle, with any questions via email at Gab7980@aol.com.**

<b>Course:</b> 3748-S25A	<b>Center:</b> GPAA	<b>Nights:</b> TH
<b>Tuition:</b> \$58	<b>Time:</b> 7:00-7:45	<b>Hours:</b> 8
		<b>Start:</b> 1/8/25
<b>Course:</b> 3748-S25B	<b>Center:</b> GPAA	<b>Nights:</b> TH
<b>Tuition:</b> \$58	<b>Time:</b> 7:00-7:45	<b>Hours:</b> 6
		<b>Start:</b> 3/6/25
<b>Course:</b> 3748-S25C	<b>Center:</b> GPAA	<b>Nights:</b> TH
<b>Tuition:</b> \$58	<b>Time:</b> 7:00-7:45	<b>Hours:</b> 6
		<b>Start:</b> 5/1/25

**ZUMBA GOLD** – Zumba Gold is the low-impact version of the dance and fitness program Zumba. While the class is designed for active older adults, all are welcome to join. No experience is necessary! Various genres of music will be incorporated. Please wear sneakers and bring water. Contact the instructor, Gabrielle, with any questions via email at Gab7980@aol.com. **Taught by Gabrielle Molino.**

<b>Course:</b> 3747-S25A	<b>Center:</b> GPAA	<b>Nights:</b> TH
<b>Tuition:</b> \$58	<b>Time:</b> 6:00-6:45	<b>Hours:</b> 8
		<b>Start:</b> 1/8/25
<b>Course:</b> 3747-S25B	<b>Center:</b> GPAA	<b>Nights:</b> TH
<b>Tuition:</b> \$29	<b>Time:</b> 6:00-6:45	<b>Hours:</b> 4
		<b>Start:</b> 3/6/25
<b>Course:</b> 3747-S25C	<b>Center:</b> GPAA	<b>Nights:</b> TH
<b>Tuition:</b> \$29	<b>Time:</b> 6:00-6:45	<b>Hours:</b> 4
		<b>Start:</b> 5/1/25

## COURSE CANCELLATION

Courses may be by OCVTS or merged, if enrollment does not permit economical operation. Registered students, who cannot be accommodated, may elect to transfer to another course, receive credit for a future course or receive a full refund (including the \$15 registration fee).

# INFORMATION TECHNOLOGY

**COMPUTER-AIDED DRAFTING LEVEL 2** – This class exposes the student to creating customized settings for use in today's design industries. It focuses on defining tools such as attributes that are used to add schedulable properties to blocks as well as Dimensions, Text, and Leader Styles to the student's standards. The main focus of the class is to learn the procedures needed to create scaled drawings with multiple views on different sheets of paper, while controlling consistency with annotation (plot height of text and dimensions). Tool Palettes will also be taught to show students how they can create custom tools to perform repetitive commands. At the conclusion of this class, students will have created a custom drawing template that they can use in their personal or professional environment. It is recommended for experienced AutoCAD users, as well as a continuation of AutoCAD Level 1. **Taught by Joe Dechiaro.**

**Course:** 4003-S25A      **Center:** J      **Nights:** T  
**Tuition:** \$315      **Time:** 6:00-9:00      **Hours:** 36      **Start:** 1/28/25

**HAM RADIO TECHNOLOGY AND TECHNICIAN LICENSE CLASS** – Students will learn basic regulations, operating practices, and electronics theory, with a focus on VHF and UHF applications. Upon passing the Technician Class license, the student will have all HAM radio privileges above 30 MHz. The student will be prepared to sit and take the formal exam to pass the FCC Element 2 license commonly known as the HAM Technician license. Morse code is not required for this license. **Taught by Michael Daly.**

**Course:** 3998-S25A      **Center:** GPAA      **Nights:** W  
**Tuition:** \$167      **Time:** 6:30-8:30      **Hours:** 22      **Start:** 1/29/25

**INTRODUCTION TO PERSONAL COMPUTERS** – This course is for the individual who has little or no computer experience. The class will provide instruction on the general applications of a PC, utilizing the Windows operating system, mouse, and keyboard. The objective of this course is for the student to become more comfortable with using a personal computer to navigate within the Windows environment, as well as using the Internet. **Taught by Laurie Passenti.**

**Course:** 4208-S25A      **Center:** TR      **Nights:** W  
**Tuition:** \$105      **Time:** 5:00-8:00      **Hours:** 12      **Start:** 1/29/25

**LAUNCH YOUR PODCAST: FROM IDEA TO AIRWAVES** – Ready to share your voice with a global audience? This course will take you from podcast idea to full production - from choosing what you may want to share with the world to planning engaging content, to choosing equipment that doesn't break the bank. You'll be able to record and edit your own material or hire an expert to do the production, all while growing your audience. This course is for the beginner who is thinking of getting started on sharing content. Turn your passion into a platform and get your voice heard. **Taught by Jodi Grinwald CPC, ELI-MP.**

**Course:** 3996-S25A      **Center:** B      **Nights:** M  
**Tuition:** \$60      **Time:** 6:30-8:30      **Hours:** 6      **Start:** 2/24/25

**STAY CONNECT @OCVTS**  
**NEWS/UPDATES/EMERGENCY CLOSINGS**



# PERFORMANCE ARTS

**DRUM FUNDAMENTALS –** Learn the fundamentals of drumming with our Beginner Drum Course. Perfect for aspiring drummers, this comprehensive program covers basic rhythms, essential techniques, and drum kit navigation. Develop your coordination and musicality through hands-on exercises and gain the confidence to groove in various styles. **Taught by James Marshall.**

<b>Course:</b> 5006-S25A	<b>Center:</b> GPAA	<b>Nights:</b> T
<b>Tuition:</b> \$126	<b>Time:</b> 6:00-8:00	<b>Hours:</b> 18
		<b>Start:</b> 1/28/25

**GUITAR ~ BEGINNER –** This course is designed for those who have never played guitar or had any formal musical training and would like to learn how to play the guitar. It will cover the basics: chord playing, tuning, reading music notation, exercises, scales, and how to practice. Getting started and playing some favorite songs is the goal. You will need a guitar for this class. The instructor will discuss how to purchase a guitar during the first class. **Taught by Pete Wagula.**

<b>Course:</b> 5031-S25A	<b>Center:</b> W	<b>Nights:</b> W
<b>Tuition:</b> \$84	<b>Time:</b> 6:30-8:00	<b>Hours:</b> 12
		<b>Start:</b> 1/29/25

**GUITAR ~ INTERMEDIATE –** This class picks up where the beginner class left off. The course will cover basic theory, reading standard notation and tab, barre chords, and will introduce new chords and inversions. In addition, the class will also include strum patterns, basic song composition, fingerpicking, and simple improvisation. **Taught by Pete Wagula.**

<b>Course:</b> 5035-S25A	<b>Center:</b> W	<b>Nights:</b> M
<b>Tuition:</b> \$95	<b>Time:</b> 7:00-9:00	<b>Hours:</b> 16
		<b>Start:</b> 1/27/25

**GUITAR ~ ADVANCED –** This course is an interactive workshop that will include: basic and advanced chord forms, movable chord forms, major and minor scales, pentatonic and blue scales, modes, theory, songwriting, soloing techniques, chord identification, and construction through music theory and practice techniques. It will explore various styles and techniques found in Blues, Jazz, and Pop on both acoustic and electric guitars. **Taught by Pete Wagula.**

<b>Course:</b> 5041-S25A	<b>Center:</b> W	<b>Nights:</b> W
<b>Tuition:</b> \$84	<b>Time:</b> 8:00-9:30	<b>Hours:</b> 12
		<b>Start:</b> 1/29/25

**PIANO ~ BASIC –** This course is designed for those who have not played piano or had any formal musical training. It will cover the basics: reading music, hand positions, and simple tunes. The student will need a piano or keyboard with at least 76 keys (88 keys is preferable) and touch sensitivity (weighted keys preferable) at home for this class. The instructor will discuss how to purchase an appropriate instrument during the first class. Alfred All in One Adult Piano Course, Level 1 will also be required. **Taught by Brian Beirne.**

<b>Course:</b> 5028-S25A	<b>Center:</b> GPAA	<b>Nights:</b> M
<b>Tuition:</b> \$190	<b>Time:</b> 6:00-7:00	<b>Hours:</b> 12
		<b>Start:</b> 1/27/25

<b>Course:</b> 5028-S25B	<b>Center:</b> GPAA	<b>Nights:</b> M
<b>Tuition:</b> \$190	<b>Time:</b> 7:00-8:00	<b>Hours:</b> 12
		<b>Start:</b> 1/27/25

**PIANO ~ INTERMEDIATE** – This course is designed for those who have some experience playing the piano or have completed the OCVTS Basic piano course. All requirements for the course are the same as for the basic piano course, from keyboard to textbook. There will be an initial review of the first seventy pages, and then we will progress as fast as is comfortable for the rest of the class. **Taught by Brian Beirne.**

<b>Course:</b> 5030-S25A	<b>Center:</b> GPAA		<b>Nights:</b> W
<b>Tuition:</b> \$190	<b>Time:</b> 6:00-7:00	<b>Hours:</b> 12	<b>Start:</b> 1/28/25
<b>Course:</b> 5030-S25B	<b>Center:</b> GPAA		<b>Nights:</b> W
<b>Tuition:</b> \$190	<b>Time:</b> 7:00-8:00	<b>Hours:</b> 12	<b>Start:</b> 1/28/25

**PIANO - ADVANCED INTERMEDIATE** – This course is designed for those who have either completed the OCVTS Intermediate Piano Course or have completed the Alfred Adult All-in-One Course, Level 1. There will be an initial review of Level 1, then we will progress as fast as is comfortable for the class through Adult All-in-One Course Level 2 over the twelve week session. **Taught by Brian Beirne.**

<b>Course:</b> 5007-S25A	<b>Center:</b> GPAA		<b>Nights:</b> W
<b>Tuition:</b> \$190	<b>Time:</b> 6:00-7:00	<b>Hours:</b> 12	<b>Start:</b> 1/29/25

**PIANO - ADVANCED** – This course is designed for those who have either completed the OCVTS Advanced Intermediate Piano Course or have completed the Alfred All in One Piano Course, Book 2. There will be an initial review of Book 2, then the class will proceed through Alfred All in One Piano Course, Book 3. **Taught by Brian Beirne.**

<b>Course:</b> 5005-S25A	<b>Center:</b> GPAA		<b>Nights:</b> W
<b>Tuition:</b> \$190	<b>Time:</b> 7:00-8:00	<b>Hours:</b> 12	<b>Start:</b> 1/29/25

**VOCAL BASIC** – This course is designed for anyone who would like to improve their ability to sing. Through exercises for vocal quality and breath control, the student will learn to sing classic songs from Broadway Musicals and hits by artists from Frank Sinatra to Lady Gaga. Music will be provided with instruction in basic musical notation. **Taught by Brian Beirne.**

<b>Course:</b> 5029-S25A	<b>Center:</b> GPAA		<b>Nights:</b> TH
<b>Tuition:</b> \$190	<b>Time:</b> 7:30-8:30	<b>Hours:</b> 12	<b>Start:</b> 1/30/25



## **Employment & Industry Development Services**

Always here to assist our students, past and present, with their job searches. Connecting businesses directly with our skilled students.

Free Service!

**732.473.3100 x3177**

# TRANSPORTATION TECHNOLOGY

**AUTOMOTIVE AND ORNAMENTAL METAL FABRICATION AND WELDING** – This course will focus on metal fabrication and welding, both automotive and ornamental. Students can make items for home, garden, decor, etc. Students will learn the proper use of metal inert gas (MIG) welders, spot welders, oxy-acetylene torches, metal forming tools, and other equipment. **Students need to supply their own safety equipment, which will be reviewed on the first night of class. Taught by John Wilusz.**

<b>Course:</b> 1205-S25A	<b>Center:</b> J	<b>Nights:</b> M
<b>Tuition:</b> \$305	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 36
		<b>Start:</b> 1/27/25

**AUTOMOTIVE BODY REPAIR I** – This course consists largely of classroom instruction combined with some demonstrations and work performed in the shop. All expendable supplies, reducers, and paints are to be supplied by the student. **Students must provide their own safety gear.** Instruction includes: basic metalworking, use of oxy-acetylene torch, and metal inert gas (MIG) welding. Students will learn sheet-metal shrinking, how to use body filler, proper masking techniques, rust repair, and spray guns. **Taught by John Wilusz.**

<b>Course:</b> 1110-S25A	<b>Center:</b> J	<b>Nights:</b> W
<b>Tuition:</b> \$305	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 36
		<b>Start:</b> 1/29/25

**AUTOMOTIVE BODY REPAIR II** – This class is oriented toward supervised shop work and includes advanced skills in painting and refinishing. Class size is limited. Instruction will include: painting, making pulls, MIG welding, paint problems and cures, panel replacement, rust repairs, metal forming, fiberglass, flexible panels, and bumpers. All expendable supplies, reducers, and paints are to be supplied by the student. All students must provide their own safety gear. Prerequisite: Auto Body Repair I. **Taught by Mike Horn.**

<b>Course:</b> 1200-S25A	<b>Center:</b> J	<b>Nights:</b> T
<b>Tuition:</b> \$305	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 36
		<b>Start:</b> 1/28/25

**AUTOMOTIVE MECHANICS** – This course is primarily for those with limited mechanical knowledge and/or service experience and who are interested in doing their own maintenance and light repair on their personal vehicle. Instruction will include: proper and safe use of tools, lubrication procedures and newer lubricant requirements, basic vehicle maintenance, brakes, steering and suspension systems, wheel alignment, basic troubleshooting, and engine performance. School vehicles may be available for hands-on activity, but use of student vehicles is encouraged. Those interested in pursuing a career as an automotive service technician should take our more in-depth, full-year Automotive Technician I and II programs offered at the OCVTS Brick Center. **Taught by Jose Negron-Santiago.**

<b>Course:</b> 1440-S25A	<b>Center:</b> J	<b>Nights:</b> T
<b>Tuition:</b> \$278	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 36
		<b>Start:</b> 1/28/25

**AUTOMOTIVE RESTORATION** – This course is for the antique auto enthusiast who wants to perform bodywork on their vintage automobile. It covers all aspects of auto-body repair and maintenance. All expendable supplies, reducers, and paints are to be supplied by the student. All students must provide their own safety gear. **Prerequisite: Auto Body Repair I & 2. Taught by John Holmes.**

<b>Course:</b> 1001-S25A	<b>Center:</b> J	<b>Nights:</b> TH
<b>Tuition:</b> \$305	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 36
		<b>Start:</b> 1/30/25

**CDL CLASS A - TRACTOR TRAILER** – In partnership with Superior Driving School in Toms River, students will prepare for all written CDL exams including: general knowledge, air brakes, combination vehicles, hazmat, tankers, doubles & triples. The theory portion of the course will take place at the Jackson Center. Upon completion of the theory portion of the class, the students are required to take and pass the written CDL Class A exam at an NJ Motor Vehicle Agency before they can continue their training. The mandatory yard and road portion of the class will take place at 2834 Lacey Road, Forked River, NJ, at the Superior Driving School location. The yard and road training will cover all skills necessary to pass the new federally regulated road test at NJ Motor Vehicles. Upon completing this training, students will be required to take a road test at NJ Motor Vehicle testing center coordinated by Superior Driving School. This course will satisfy the Entry Level Driver Training (ELDT) required by the Federal Government. **The total cost of the course is \$3,600.** A mandatory deposit of \$220 is required to Superior Driving School upon registration, as well as a payment in the amount of \$370 to OCVTS Adult Education. The total hours of the course are 160 - there are 40 hours in the classroom and 120 hours for the yard and road. **Theoretical Portion: \$370 Tuesday and Thursday 5:30pm – 9:30pm 1/28/25 – 2/27/25 Yard and Road Training: \$3330 Tuesday and Thursday 5:30pm – 9:30pm 3/11/25 – 6/19/25 (Payable to Superior Driving School. Does not include MVC Permit, DOT Physical, or fingerprinting.) (Payment arrangements can be made for the balance.)**

Upon registration, students will be mailed an additional information packet that they must complete. Then students will contact Superior Driving School two weeks before the theoretical portion of the class begins. Requirements: Must be 18 with a non-provisional driver's license and pass a DOT physical provided by Superior Driving School. Theoretical training will continue until either the date listed above or the students permits are validated, whichever comes first. 80% attendance in the Yard & Road section of the course is required. Questions should be directed to Superior Driving School at 1-877-664-5090. Taught by Michael Chevalier and John Klump.

<b>Course:</b> 9301-S25A	<b>Center:</b> J	<b>Nights:</b> T,TH
<b>Tuition:</b> \$370	<b>Time:</b> 5:30-9:30	<b>Hours:</b> 40
		<b>Start:</b> 1/28/25

**CDL B W/ PASSENGER ENDORSEMENT** – In partnership with Superior Driving School in Toms River, students will prepare for all written C.D.L. exams including: General Knowledge, Air Brakes, Hazmat, Tankers, and Passenger. The theory portion of the course will take place in the Jackson Annex. Upon completion of the theory portion of the class, the students are required to take and pass the written CDL Class B exam at an NJ Motor Vehicle Agency before they can continue their training. The mandatory yard and road portion of the class will take place at 2834 Lacey Road, Forked River, NJ, at the Superior Driving School location. The yard and road training will cover all skills necessary to pass the new federally regulated road test at NJ Motor Vehicles. Upon completing this training, students will be required to take a road test at NJ Motor Vehicle testing center coordinated by Superior Driving School. This course will satisfy the Entry Lever Driver Training (ELDT) required by the Federal Government. Upon completion of this course Drivers will be able to drive Automatic transmission class B vehicles including Busses. Please note that this training will NOT enable a driver to operate a School Bus. There is a separate endorsement, "S" (School Bus) which is required (not included in this course) and can be obtained after receiving the "P" (Passenger) endorsement, included in this course. The total cost of the course is \$2,300. A mandatory deposit of \$220 is required to Superior Driving School upon registration as well as a payment in the amount of \$370.00 to OCVTS.

**Theoretical Portion: \$370 Tuesday and Thursday 5:30pm – 9:30pm 1/28/25 – 2/27/25**

**Yard and Road Training: \$1930 (Payable to Superior Driving School. Does not include MVC Permit, DOT Physical or fingerprinting.) (Payment arrangements can be made for the balance.)**

**Tuesday and Thursday 5:30pm – 9:30pm 3/11/25 – 4/10/25**

Upon registration, students will be mailed an additional information packet that they must complete and contact Superior Driving School two weeks before the theoretical portion of the class begins.

**Requirements: Must be 18 with a non-provisional driver's license and pass a DOT physical provided by Superior Driving School. Theoretical training will continue until either the date listed above or the students permits are validated whichever come first. 80% attendance in the Yard & Road section of the course is required. Questions should be directed to Superior Driving School at 1-877-664-5090.**

<b>Course:</b> 9302-S25A	<b>Center:</b> J	<b>Nights:</b> T,TH
<b>Tuition:</b> \$370	<b>Time:</b> 5:30-9:30	<b>Hours:</b> 40
		<b>Start:</b> 1/28/25



**OFF ROAD VEHICLE** – This class will cover general maintenance of today’s modern side by side, ATV, and other off-road vehicles through both classroom and shop instruction on routine and preventative maintenance. The course will include instruction on basic upgrades such as suspension setups, exhaust and intake systems, clutch systems, and maintenance related items. Students will learn the skills needed to diagnose common issues and properly repair them. Work on your vehicles with experienced technicians to learn new skills! **Taught by Adam Malinowski.**

<b>Course:</b> 1502-S25A	<b>Center:</b> J		<b>Nights:</b> TH
<b>Tuition:</b> \$278	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 36	<b>Start:</b> 1/30/25

**OUTBOARD ENGINE MAINTENANCE** – O.E.M. is an 8-week class that covers the theory, operation, and maintenance of 2 and 4-stroke outboards. The course is a combination of classroom and hands-on practice, utilizing late model engines. Main subject areas include: identification, theory of operation, mechanical, electrical, fuel, cooling systems, and periodic maintenance. **Taught by Rob Berenwick.**

<b>Course:</b> 9315-S25A	<b>Center:</b> TR		<b>Nights:</b> M
<b>Tuition:</b> \$263	<b>Time:</b> 6:00-9:00	<b>Hours:</b> 24	<b>Start:</b> 1/27/25

<b>Course:</b> 9315-S25B	<b>Center:</b> TR		<b>Nights:</b> W
<b>Tuition:</b> \$263	<b>Time:</b> 6:00-9:00	<b>Hours:</b> 24	<b>Start:</b> 1/29/25

**SMALL GAS ENGINES LAWN AND MAINTENANCE EQUIPMENT AND BASIC WELDING** – This course will teach basic maintenance and repair of small gas engines. Instruction focuses primarily on lawn and yard maintenance equipment, such as lawnmowers, edgers, blowers, weed whackers, power washers, snow blowers, etc. Students also learn basic, small engine design including: ignition, fuel and carburetion, and valve-train systems theory. Students will apply their knowledge in the shop as they troubleshoot, tune-up, and repair small gas engines. Basic Welding, both gas and electric fabrication techniques, will be taught. Students are permitted to bring personal equipment in for repair. **Taught by Mike Felice.**

<b>Course:</b> 1500-S25A	<b>Center:</b> J		<b>Nights:</b> W
<b>Tuition:</b> \$278	<b>Time:</b> 6:30-9:30	<b>Hours:</b> 36	<b>Start:</b> 1/29/25

**US CERTIFIED COAST GUARD CAPTAIN** – The Captain’s License Course, designed by US Captain’s Training, is certified by the United States Coast Guard and enables the student to sit for their four-hour USCG Captain’s exam at the end of the class. The instructor-led classes, coupled with homework, total approximately 35 hours. The student needs to pass all online quizzes and tests in order to sit for the final exam. The class is taught by a USCG-qualified instructor who holds a USCG Master’s License. Exam modules include: rules of the road, navigation general-near coastal, navigation problem-chart plot, and deck general/safety. Students will receive a complete class package prior to class. **Taught by Captain John Stypulkoski.**

<b>Course:</b> 9354-S25A	<b>Center:</b> TR		<b>Nights:</b> T,TH
<b>Tuition:</b> \$905	<b>Time:</b> 6:00-8:30	<b>Hours:</b> 36	<b>Start:</b> 1/28/25

# DID YOU KNOW? OCVTS HAS CAREER TRAINING FOR HIGH SCHOOL STUDENTS!

## CHOOSE FROM OVER 30 CAREER TRAINING PROGRAMS

- Audio Engineering
- Automotive Technology
- Building Construction Technology
- Bricklayer, Allied Craftworker & Mason
- Collision Repair
- Custom Woodworking & Design
- Cosmetology
- Computer Science
- Computer Systems Networking & Telecommunications
- Culinary Arts
- Dental Assisting
- Design & Visual Communications  
Multimedia - Photography - Digital Reproduction
- Diesel Engine Technology
- Electrical Trades
- Engineering Technology
- Fashion Design & Merchandising
- Heating, Ventilation, Air Conditioning & Refrigeration (HVAC-R)
- Heavy Equipment Operator
- Health & Fitness Technology
- Human Development & Child Care
- Legal Studies & Paralegal Practice
- Marine Service Technology
- Medical Assistant
- Pre-Nursing
- Plumbing, Pipefitters, Steamfitters & Fire Suppression Systems
- Welding



**CALL 732.473.3122**

**to speak with an Admissions Representative**

# ADVANCE | YOUR FUTURE

## CULINARY ARTS

**2 YEAR / 900 HOURS / HIGH SCHOOL STUDENTS**

**10 MONTH ACCELERATED PROGRAM / ADULT STUDENTS**



This program provides students with experience in the preparation, service and management tasks involved in the food service industry with classroom instruction and hands-on training in a commercial kitchen. Areas of concentration include the following: dining room service, professional service skills; banquet service; beverage and mixology, including barista skills, as well as basic cooking methods, safety and sanitation (including ServSafe), knife skills, stocks, soups, sauces, salads and sandwiches. Fundamentals of baking are also a part of the curriculum including identification and function of the most common baking ingredients, quick bread production methods, yeast raised doughs, cookies, pies and tart production, metric measurements, and mixing methods. Areas of concentration in the second year of the program include basic meat cutting, smoking, and advanced cooking methodology such as sous vide cookery and molecular gastronomy, as well as baking and pastry arts.

**IN DEMAND CAREERS**

**MULTIMEDIA - PHOTOGRAPHY - DIGITAL REPRODUCTION**

## DESIGN AND VISUAL COMMUNICATIONS

**2 YEAR PROGRAM / 900 HOURS / HIGH SCHOOL STUDENTS AND ADULTS**

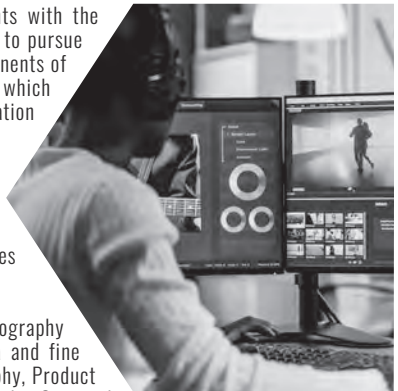
The Design and Visual Communications program provides students with the skills needed to continue their education at the collegiate level or to pursue careers in the creative industries. Students will complete all components of the 2 year program which consist of conventional and digital skills which provide students an introduction to various visual art and communication careers.

The Multimedia Component emphasizes the creation of digital art for print, video, and electronic media. This component of the program includes courses in: Graphic Design, Motion Graphics, Designing for Social Media, and Video Production, as well as, classes in the Adobe Certified Associate for Illustrator and Premiere.

The Photography Component covers the techniques of digital photography highlighting skills required in advertising, portraiture, multimedia and fine art. Includes courses in: Digital Photography, Multimedia Photography, Product Photography, and Studio Lighting, as well as, classes in the Adobe Certified Associate for Photoshop.

The Digital Reproduction Component emphasizes the use of current technologies in both conventional printing and digital reproduction. This component of the program includes courses in: Design and Reproduction, Screen Printing, and Production Graphics, as well as, classes in the Adobe Certified Associate for InDesign.

Students who have graduated from high school have the option to attend the Design and Visual Communication Program full-time, two sessions per day, for an intensive completion of the program in a single year.



**CALL 732.473.3100 x 3157**  
to speak with an Admissions Representative

OCEAN COUNTY VOCATIONAL TECHNICAL SCHOOL DISTRICT



# TINY TECH PRESCHOOL



- ▶ PART-TIME PRESCHOOL
- ▶ LICENSED TEACHER IN CLASSROOM AT ALL TIMES



AREAS OF CONCENTRATION: ART, LITERACY, MUSIC AND MOVEMENT, DRAMATIC PLAY, & MATH CENTERS.

**ONLY \$150 PER YEAR**

PROGRAM RUNS OCT - MAY (W/TH/F) 8AM-10AM & 11AM-1PM

CHILD MUST BE 3 BY OCT 1ST & FULLY POTTY TRAINED

**CALL (732) 286-5670 x 3220 NOW ACCEPTING APPLICATIONS**

✉ [TINYTECH@OCVTS.ORG](mailto:TINYTECH@OCVTS.ORG)



# OCVTS

**OCEAN COUNTY VOCATIONAL TECHNICAL SCHOOL**

# OCVTS Grunin Performing Arts Academy

## 2024-2025 Show Schedule

Event	Date(s)	Location	Time
GPAA Musical	2/20/2025 @ 9:30 am (school show) 2/21/2025 @ 7:00 pm 2/22/2025 @ 2:00 pm and 7:00 pm	Strand Theatre Lakewood	Various
Junior/Senior Vocal Showcase	5/9/2025	OCC Grunin Performing Arts Theatre	7:00 PM
Dance Showcase (Upperclassmen)	5/16/2025	OCC Grunin Performing Arts Theatre	7:00 PM
GPAA Junior Acting Showcase	5/1/2025	OCVTS Grunin Performing Arts Academy	7:00 PM
GPAA Senior Actor's Showcase	5/2/2025	OCVTS Grunin Performing Arts Academy	7:00 PM
Underclassmen Acting Showcase	5/15/2025	OCVTS Grunin Performing Arts Academy	7:00 PM
Freshmen Dance Showcase	5/16/2025	OCVTS Grunin Performing Arts Academy	7:00 PM
GPAA Underclassmen Vocal & Dance Showcase	5/20/2025	OCC Grunin Performing Arts Theatre	7:00 PM

OCC Grunin Center for the Arts - 1 College Drive, Lot 2, Building 11, Toms River, NJ 08754

OCVTS Grunin Performing Arts Academy - 1 College drive, Lot 2, Building 12, Toms River, NJ 08754

Strand Theatre - 400 Clifton Ave, Lakewood, NJ 08701

*For ticket information go to:*

<https://sites.google.com/ocvts.org/ocvtsGPAA>

*Tickets may not be available for certain shows until 4 weeks before performance.*



# ADULT EDUCATION SPRING 2025 MAIL-IN REGISTRATION FORM

OCEAN COUNTY VOCATIONAL TECHNICAL SCHOOL  
 1299 OLD FREEHOLD ROAD, TOMS RIVER, NJ 08753-4298  
 732.473.3100 x 1000

**ALL INFORMATION BELOW IS REQUIRED TO ENROLL YOU IN OUR COMPUTER SYSTEM. PLEASE PRINT CLEARLY.**

NAME: \_\_\_\_\_ EMAIL ADDRESS: \_\_\_\_\_  
 ADDRESS: \_\_\_\_\_ TOWN: \_\_\_\_\_ ZIP: \_\_\_\_\_  
 PREFERRED CONTACT PHONE #: \_\_\_\_\_ ADDITIONAL CONTACT PHONE #: \_\_\_\_\_  
 EMERGENCY CONTACT (NAME/PHONE #): \_\_\_\_\_ BIRTH DATE: \_\_\_\_\_ MALE \_\_\_\_\_ FEMALE \_\_\_\_\_

COURSE NO.	COURSE TITLE	START DATE	LOCATION (PLEASE CIRCLE)	FEE
			A B J *GPAA TR W	
			A B J *GPAA TR W	
			A B J *GPAA TR W	
			A B J *GPAA TR W	
			A B J *GPAA TR W	
			A B J *GPAA TR W	
			A B J *GPAA TR W	
			A B J *GPAA TR W	

Payment by: Money Order \_\_\_\_\_ Check \_\_\_\_\_ Make Payable to: **OCVTS** \$25 Returned Check Fee  
 Credit Card: \_\_\_\_\_ VISA \_\_\_\_\_ MASTERCARD CREDIT CARD PAYMENT PREFERRED.  
 Credit Card #: \_\_\_\_\_ EXP DATE: \_\_\_\_\_ CVV #: \_\_\_\_\_

USE ONE FORM PER REGISTRANT: COPY OR DOWNLOAD ADDITIONAL REGISTRATION FORMS AT [WWW.OCVTS.ORG](http://WWW.OCVTS.ORG).

\*PAA - OCVTS Grunin Performing Arts Academy - Adjacent to the Jay & Linda Grunin Center for the Arts. PLEASE NOTE REFUND POLICY ON PAGE 3

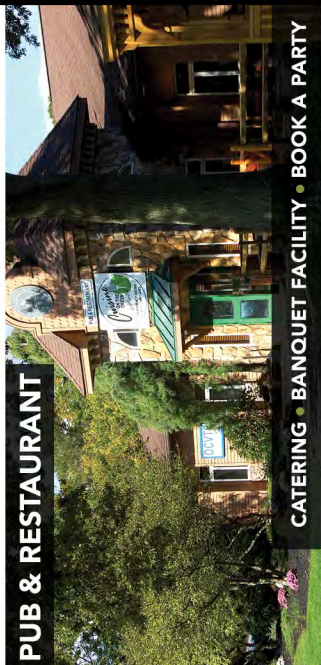


OCEAN COUNTY CENTER FOR CULINARY ARTS

*Come Dine with Us!*

**SHORT DRIVE FROM LBI**  
PATIO DINING & FIRE PIT LOUNGE

**PUB & RESTAURANT**



**CATERING • BANQUET FACILITY • BOOK A PARTY**

**ENJOY FINE DINING**

**WHILE OVER LOOKING THE ATLANTIS GOLF COURSE**

*Our Culinary Arts students are excited to serve you a fabulous meal prepared with only the freshest, seasonal ingredients from our local sources.*

**609.296.2137**

**261 Country Club Boulevard, Little Egg Harbor**

**15% OFF FOOD**

Valid Sun-Thru. Dine in only. Limit one per table. Must present this coupon. Cannot be combined with any other offers, daily promotions, banquet menus, catering menus, or holiday/event menus. Not valid on holidays. Excludes alcohol, tax & gratuity. Expires 06/30/2025.

Visit our website at [cuisineonthegreen.com](http://cuisineonthegreen.com)

**Ocean County Vocational Technical School  
Adult Education Office  
1299 Old Freehold Road  
Toms River, New Jersey 08753-4298**

NON-PROFIT  
POSTAGE PAID  
OCVTS  
Permit No. 43  
Toms River NJ 08753

**ECRWSS**

**RESIDENTIAL CUSTOMER**



**Middle State Association  
Commissions on Elementary  
and Secondary Schools**



This publication is certified true and correct in content and policy.

**SCAN FOR EASY ONLINE REGISTRATION OR VISIT [WWW.OCVTS.ORG](http://WWW.OCVTS.ORG)**